

18 Layer Red Velvet Cake







DESSERT

Ingredients

1 box cake mix white
1.3 cups water
0.3 cup vegetable oil
3 eggs
1 box german chocolate
1 cup water

0.5 cup vegetable oil

2 tablespoons cocoa powder unsweetened

3 eggs

	1 oz purple gel food coloring red (2 tablespoons)
	2.5 cups marshmallow creme (from two 7-oz jars)
	1.5 cups butter softened
	1 teaspoon vanilla
	1 tablespoons milk
	4.5 cups powdered sugar
Ec	uipment
	bowl
	frying pan
	baking paper
	oven
	hand mixer
Di	rections
	Heat oven to 350°F. Spray 3 (8-inch) round cake pans with cooking spray. Line bottom of each pan with cooking parchment paper. Spray parchment paper with cooking spray.
	In large bowl, beat White Cake ingredients on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally. Loosely cover and refrigerate.
	In another large bowl, beat Red Velvet Cake ingredients on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally.
	Spread 1/2 cup red velvet batter in bottom of each pan. Loosely cover and refrigerate remaining batter.
	Place all 3 pans on oven rack positioned in center of oven.
	Bake about 8 minutes or until cake is set when lightly touched in center.
	For next cake layer, spread 1/2 cup white batter evenly over each baked red velvet layer.
	Bake 8 to 10 minutes or until cake is set when lightly touched in center.
	Repeat steps 4 and 5, twice, baking 9 to 12 minutes per layer or until top of cake layer is set when lightly touched in center.
	Cool 10 minutes.

Remove cakes from pans; remove parchment paper from bottoms of cakes. Cool completely, about 30 minutes.
Meanwhile, in large bowl, beat marshmallow creme, butter, vanilla and 1 tablespoon milk with electric mixer on medium speed until blended. Beat in powdered sugar until fluffy. If necessary, beat in more milk, a few drops at a time until spreading consistency.
To assemble, stack cake layers, spreading 1/2 cup frosting between each layer.
Spread thin layer of frosting over side and top of cake to seal in crumbs. Refrigerate cake 30 to 45 minutes to set frosting.
Spread remaining frosting on side and top of cake.
Nutrition Facts
PROTEIN 2.68% FAT 41.94% CARBS 55.38%

Properties

Glycemic Index:5.5, Glycemic Load:0.02, Inflammation Score:-4, Nutrition Score:5.7326087329699%

Flavonoids

Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 544.04kcal (27.2%), Fat: 26.06g (40.09%), Saturated Fat: 13.07g (81.66%), Carbohydrates: 77.44g (25.81%), Net Carbohydrates: 76.85g (27.95%), Sugar: 59g (65.56%), Cholesterol: 107.25mg (35.75%), Sodium: 387.04mg (16.83%), Alcohol: 0.09g (100%), Alcohol %: 0.06% (100%), Protein: 3.74g (7.49%), Phosphorus: 152.22mg (15.22%), Vitamin K: 13.29µg (12.66%), Vitamin A: 622.44lU (12.45%), Selenium: 8.37µg (11.95%), Vitamin E: 1.43mg (9.55%), Vitamin B2: 0.16mg (9.54%), Calcium: 88.43mg (8.84%), Folate: 31.21µg (7.8%), Iron: 1.04mg (5.76%), Vitamin B1: 0.08mg (5.25%), Manganese: 0.1mg (4.84%), Vitamin B3: 0.81mg (4.04%), Vitamin B5: 0.38mg (3.77%), Copper: 0.07mg (3.48%), Vitamin B12: 0.19µg (3.13%), Zinc: 0.43mg (2.89%), Magnesium: 9.55mg (2.39%), Fiber: 0.59g (2.35%), Vitamin D: 0.34µg (2.27%), Vitamin B6: 0.04mg (1.96%), Potassium: 59.86mg (1.71%)