

2-Kiss Cupcakes

 Vegetarian

READY IN



45 min.

SERVINGS



30

CALORIES



482 kcal

DESSERT

Ingredients

- ☐ 0.5 cup baking cocoa
- ☐ 0.7 c baking cocoa
- ☐ 0.3 t double-acting baking powder
- ☐ 1.3 t baking soda
- ☐ 0.8 c butter softened
- ☐ 3 eggs beaten
- ☐ 2 c flour all-purpose
- ☐ 0.3 cup butter melted

- ☐ 0.3 cup milk
- ☐ 60 milk chocolate drops divided
- ☐ 3.5 cups powdered sugar
- ☐ 1 t salt
- ☐ 1.7 c sugar
- ☐ 1 teaspoon vanilla extract
- ☐ 1.5 t vanilla extract
- ☐ 1.3 cups water

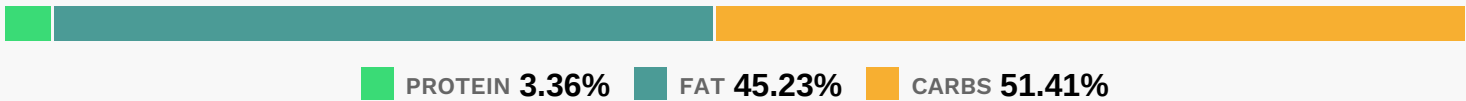
Equipment

- ☐ oven
- ☐ muffin liners

Directions

- ☐ Beat butter, sugar, eggs and vanilla; set aside.
- ☐ Combine flour, cocoa, baking soda, baking powder and salt; add alternately with water to butter mixture. Fill paper-lined muffin cups half full.
- ☐ Place a chocolate drop in center of each.
- ☐ Bake at 350 degrees for 20 minutes.
- ☐ Let cool. To prepare Chocolate Frosting combine all frosting ingredients; beat until smooth. Frost with cupcakes Chocolate Frosting. Top each with a chocolate drop.

Nutrition Facts



Properties

Glycemic Index:12.26, Glycemic Load:25.51, Inflammation Score:-5, Nutrition Score:8.0100000500679%

Flavonoids

Catechin: 2.17mg, Catechin: 2.17mg, Catechin: 2.17mg, Catechin: 2.17mg Epicatechin: 6.57mg, Epicatechin: 6.57mg, Epicatechin: 6.57mg, Epicatechin: 6.57mg Quercetin: 0.33mg, Quercetin: 0.33mg, Quercetin: 0.33mg, Quercetin:

0.33mg

Nutrients (% of daily need)

Calories: 482.33kcal (24.12%), Fat: 26.36g (40.55%), Saturated Fat: 14.95g (93.43%), Carbohydrates: 67.39g (22.46%), Net Carbohydrates: 62.85g (22.85%), Sugar: 53.88g (59.87%), Cholesterol: 28.89mg (9.63%), Sodium: 206.4mg (8.97%), Alcohol: 0.12g (100%), Alcohol %: 0.13% (100%), Caffeine: 44.65mg (14.88%), Protein: 4.41g (8.82%), Copper: 0.47mg (23.36%), Manganese: 0.47mg (23.26%), Magnesium: 82.98mg (20.75%), Fiber: 4.54g (18.17%), Iron: 2.49mg (13.86%), Phosphorus: 129.98mg (13%), Vitamin B2: 0.22mg (12.66%), Selenium: 6.48µg (9.26%), Zinc: 1.2mg (8.02%), Potassium: 235.48mg (6.73%), Vitamin B1: 0.08mg (5.53%), Folate: 20.26µg (5.06%), Vitamin A: 237.64IU (4.75%), Vitamin B3: 0.95mg (4.75%), Vitamin K: 4.06µg (3.86%), Calcium: 29.6mg (2.96%), Vitamin E: 0.39mg (2.61%), Vitamin B6: 0.04mg (2.06%), Vitamin B5: 0.17mg (1.7%), Vitamin B12: 0.07µg (1.09%)