

DINNER

4-Cheese Italiano Chicken Bake

15 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
40 min	10 min	30 min	4	\$2.44	486 kcal



4-Cheese Italiano Chicken Bake requires around 40 minutes from start to finish. For \$2.44 per serving, you get a main course that serves 4. One serving contains 486 calories, 41g of protein, and 20g of fat.

Ingredients

- ☐ 1½ cups KRAFT 4 Cheese Italiano Light Shredded Cheese
- ☐ 10 ounce 25%-less-sodium condensed cream of mushroom soup
canned
- ☐ ½ cup dry white wine
- ☐ 16 ounce boneless skinless chicken breasts
- ☐ 120 g package STOVE TOP Lower Sodium Stuffing Mix for Chicken

EQUIPMENT Oven, Baking pan

Method

- 1 Heat oven to 400 degrees F.
- 2 Prepare stuffing mix as directed on package.
- 3 Mix soup and wine.
- 4 Place chicken in 13x9-inch baking dish; top with cheese, soup mixture and stuffing.
- 5 Bake 30 min. or until chicken is done (170 degrees F).

Nutrition per serving

486

KCAL

41 g

PROTEIN

20 g

FAT

28 g

CARBS

Saturated Fat	9.9 g · 62% of daily needs
Fibre	1.1 g · 4% of daily needs
Sugar	2.9 g · 3% of daily needs
Sodium	1,334 mg · 58% of daily needs
Cholesterol	119 mg · 40% of daily needs
Vitamin C	1.4 mg · 2% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at [whatsheate.com/4-cheese-italiano-chicken-bake-142600](https://www.whatsheate.com/4-cheese-italiano-chicken-bake-142600)