

DESSERT

5 Minute Cookies

13 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
30 min	5 min	1 min	60	\$0.07	80 kcal



5 Minute Cookies is a gluten free and lacto ovo vegetarian recipe with 60 servings. For 7 cents per serving, this recipe covers 2% of your daily requirements of vitamins and minerals. One portion of this dish contains around 2g of protein, 5g of fat, and a total of 89 calories.

Ingredients

- | | |
|---|---|
| ☐ ¼ cup butter | ☐ 1 cup flaked coconut |
| ☐ ½ cup milk | ☐ 1 cup peanut butter |
| ☐ 2 cups rolled oats | ☐ ¼ cup unsweetened cocoa powder |
| ☐ 1 teaspoon vanilla extract | ☐ 2 cups white sugar |

EQUIPMENT Bowl, Baking sheet, Sauce pan

Method

- 1 Line baking sheets with waxed paper.
- 2 Mix the oats, coconut, and peanut butter in a bowl until thoroughly combined.
- 3 Place sugar, cocoa powder, butter, and milk in a large saucepan, and bring to a boil over medium heat. Stir until the mixture is smooth and the sugar has dissolved, about 1 minute; remove from heat.
- 4 Mix the oat mixture into the liquid mixture; stir in vanilla extract.
- 5 Scoop up about 1 tablespoonful of the dough, roll it into a ball, and flatten.
- 6 Place on waxed paper, and allow to cool.

Nutrition per serving

80	2 g	4 g	10 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			1.8 g · 11% of daily needs
Fibre			0.8 g · 3% of daily needs
Sugar			7.4 g · 8% of daily needs
Sodium			26.1 mg · 1% of daily needs
Cholesterol			2.3 mg · 1% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/5-minute-cookies-142327