



Aaron's Chocolate Chunk Oatmeal Cookies

READY IN



30 min.

SERVINGS



24

CALORIES



166 kcal

DESSERT

Ingredients

- 3.4 ounce butterscotch pudding mix instant
- 0.7 cup rolled oats
- 1 cup semi chocolate chips
- 0.5 cup cream sour
- 2 teaspoons vanilla extract
- 0.5 cup vegetable oil
- 0.3 cup water
- 18.3 ounce cake mix white

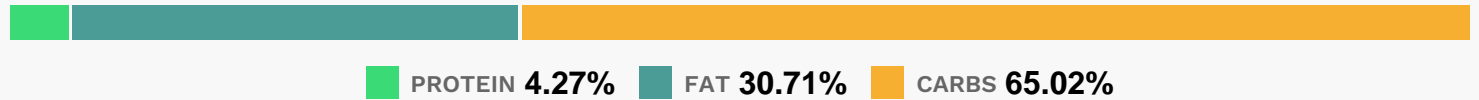
Equipment

- bowl
- baking sheet
- oven
- wire rack

Directions

- Preheat oven to 350 degrees F (175 degrees C). Lightly grease cookie sheets.
- In a large bowl, stir together cake mix, instant pudding, and rolled oats.
- Add oil, sour cream, water, and vanilla; mix until smooth and well blended. Stir in chocolate chips.
- Roll dough into 1 1/2 inch balls, and place 2 inches apart on the prepared cookie sheets.
- Bake for 8 to 10 minutes in the preheated oven. Allow cookies to cool on baking sheet for 5 minutes before transferring to a wire rack to cool completely.

Nutrition Facts



Properties

Glycemic Index:1.67, Glycemic Load:0.52, Inflammation Score:-1, Nutrition Score:3.5121739527777%

Nutrients (% of daily need)

Calories: 165.85kcal (8.29%), Fat: 5.67g (8.72%), Saturated Fat: 2.72g (17.03%), Carbohydrates: 27.01g (9%), Net Carbohydrates: 25.92g (9.43%), Sugar: 15.24g (16.93%), Cholesterol: 3.28mg (1.09%), Sodium: 177.42mg (7.71%), Alcohol: 0.11g (100%), Alcohol %: 0.31% (100%), Caffeine: 6.45mg (2.15%), Protein: 1.77g (3.55%), Manganese: 0.23mg (11.35%), Phosphorus: 105.12mg (10.51%), Copper: 0.12mg (6.11%), Calcium: 58.18mg (5.82%), Iron: 1mg (5.54%), Magnesium: 19.22mg (4.81%), Selenium: 3.35µg (4.78%), Fiber: 1.09g (4.35%), Vitamin B1: 0.06mg (4.04%), Folate: 16.1µg (4.02%), Vitamin B2: 0.06mg (3.7%), Vitamin B3: 0.61mg (3.04%), Vitamin K: 2.91µg (2.77%), Zinc: 0.4mg (2.65%), Vitamin E: 0.33mg (2.23%), Potassium: 71.33mg (2.04%), Vitamin B5: 0.13mg (1.27%)