



Absolutely Fabulous Greek Dressing



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



7

CALORIES



1954 kcal

SIDE DISH

Ingredients

- ☐ 0.3 cup basil dried
- ☐ 0.3 cup garlic powder
- ☐ 0.3 cup mustard dijon-style
- ☐ 1.5 quarts olive oil
- ☐ 0.3 cup onion powder
- ☐ 0.3 cup oregano dried
- ☐ 0.3 cup pepper
- ☐ 2 quarts red wine vinegar

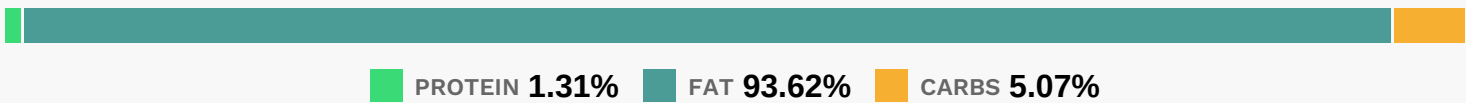
☐ 0.3 cup salt

Equipment

Directions

- ☐ In a very large container, mix together the olive oil, garlic powder, oregano, basil, pepper, salt, onion powder, and Dijon–style mustard.
- ☐ Pour in the vinegar, and mix vigorously until well blended. Store tightly covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:10.57, Glycemic Load:1.46, Inflammation Score:-10, Nutrition Score:27.718695827152%

Flavonoids

Apigenin: 0.18mg, Apigenin: 0.18mg, Apigenin: 0.18mg, Apigenin: 0.18mg Luteolin: 0.24mg, Luteolin: 0.24mg, Luteolin: 0.24mg, Luteolin: 0.24mg

Nutrients (% of daily need)

Calories: 1953.66kcal (97.68%), Fat: 204.05g (313.92%), Saturated Fat: 28.44g (177.75%), Carbohydrates: 24.86g (8.29%), Net Carbohydrates: 15.51g (5.64%), Sugar: 1g (1.11%), Cholesterol: 0mg (0%), Sodium: 4185.86mg (181.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.43g (12.86%), Vitamin K: 343.62µg (327.26%), Vitamin E: 31.03mg (206.86%), Manganese: 2.63mg (131.45%), Iron: 15.1mg (83.87%), Calcium: 376.64mg (37.66%), Fiber: 9.35g (37.4%), Magnesium: 129.02mg (32.26%), Copper: 0.48mg (24.17%), Vitamin B6: 0.42mg (21.01%), Potassium: 732.15mg (20.92%), Phosphorus: 138.13mg (13.81%), Folate: 50.21µg (12.55%), Vitamin B2: 0.19mg (11.02%), Zinc: 1.61mg (10.71%), Selenium: 7.14µg (10.2%), Vitamin B1: 0.11mg (7.06%), Vitamin B3: 0.91mg (4.53%), Vitamin B5: 0.37mg (3.73%), Vitamin A: 175.23IU (3.5%), Vitamin C: 2.58mg (3.13%)