



Absolutely Sinful Chocolate Chocolate Chip Cookies

READY IN



40 min.

SERVINGS



24

CALORIES



223 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon double-acting baking powder
- ☐ 0.5 teaspoon baking soda
- ☐ 0.5 cup butter
- ☐ 2 eggs
- ☐ 2 cups flour all-purpose
- ☐ 0.3 teaspoon salt
- ☐ 2 cups semi chocolate chips
- ☐ 0.7 cup cup heavy whipping cream sour

- ☐ 1 ounce chocolate unsweetened
- ☐ 1 teaspoon vanilla extract
- ☐ 1.3 cups sugar white

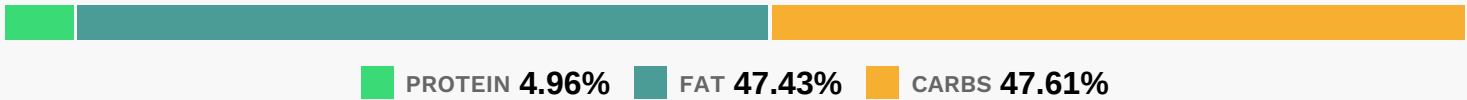
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ double boiler
- ☐ microwave

Directions

- ☐ Preheat oven to 375 degrees F (190 degrees C). In the microwave or over a double boiler, melt unsweetened chocolate and butter together, stirring occasionally until smooth. Sift together flour, baking soda, baking powder, and salt; set aside.
- ☐ In a medium bowl, beat sugar, eggs, and vanilla until light.
- ☐ Mix in the chocolate mixture until well blended. Stir in the sifted ingredients alternately with sour cream, then mix in chocolate chips. Drop by rounded tablespoonfuls onto ungreased cookie sheets.
- ☐ Bake for 8 to 10 minutes in the preheated oven. Allow cookies to cool on baking sheet for 5 minutes before transferring to a wire rack to cool completely. Store in an airtight container.

Nutrition Facts



Properties

Glycemic Index:11.96, Glycemic Load:13.07, Inflammation Score:-3, Nutrition Score:4.9043477932396%

Flavonoids

Catechin: 0.76mg, Catechin: 0.76mg, Catechin: 0.76mg, Catechin: 0.76mg Epicatechin: 1.68mg, Epicatechin: 1.68mg, Epicatechin: 1.68mg, Epicatechin: 1.68mg

Nutrients (% of daily need)

Calories: 223.16kcal (11.16%), Fat: 11.92g (18.34%), Saturated Fat: 6.89g (43.09%), Carbohydrates: 26.93g (8.98%), Net Carbohydrates: 25.25g (9.18%), Sugar: 16.2g (18%), Cholesterol: 28.48mg (9.49%), Sodium: 104.4mg (4.54%), Alcohol: 0.06g (100%), Alcohol %: 0.14% (100%), Caffeine: 13.85mg (4.61%), Protein: 2.8g (5.61%), Manganese: 0.32mg (16.08%), Copper: 0.25mg (12.25%), Iron: 1.73mg (9.61%), Selenium: 6.36µg (9.08%), Magnesium: 33.79mg (8.45%), Phosphorus: 71.89mg (7.19%), Fiber: 1.68g (6.71%), Vitamin B1: 0.09mg (6.09%), Folate: 21.64µg (5.41%), Vitamin B2: 0.09mg (5.37%), Zinc: 0.66mg (4.39%), Vitamin B3: 0.77mg (3.84%), Vitamin A: 185.28IU (3.71%), Potassium: 120.67mg (3.45%), Calcium: 31.63mg (3.16%), Vitamin E: 0.27mg (1.81%), Vitamin B5: 0.18mg (1.76%), Vitamin K: 1.66µg (1.58%), Vitamin B12: 0.08µg (1.35%)