



Agave Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



281 kcal

BEVERAGE

DRINK

Ingredients

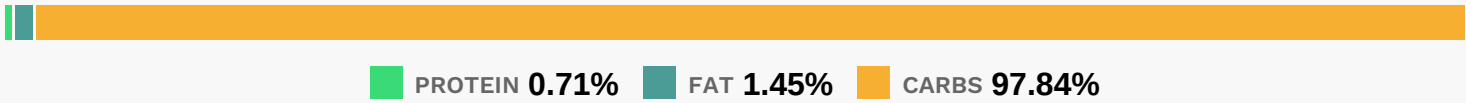
- ☐ 2 tablespoons agave syrup (nectar)
- ☐ 1 serving kosher salt
- ☐ 2 lime
- ☐ 2 tablespoons juice of lime fresh
- ☐ 0.3 cup tequila blanco

Equipment

Directions

- ☐ Pour some kosher salt into a small dish. Rub 1 lime slice over half the rim of an Old Fashioned glass (if you prefer your Margarita on the rocks) or a coupe glass (if you prefer it up). Dip rim of glass into salt.
- ☐ Combine tequila, agave syrup, and juice in a cocktail shaker; fill with ice and shake well. Strain into prepared glass.
- ☐ Garnish with second lime slice.

Nutrition Facts



Properties

Glycemic Index: 62, Glycemic Load: 5.15, Inflammation Score: -3, Nutrition Score: 3.0917391517888%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 8.71mg, Hesperetin: 8.71mg, Hesperetin: 8.71mg, Hesperetin: 8.71mg Naringenin: 0.59mg, Naringenin: 0.59mg, Naringenin: 0.59mg, Naringenin: 0.59mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

Nutrients (% of daily need)

Calories: 280.5kcal (14.02%), Fat: 0.24g (0.37%), Saturated Fat: 0.01g (0.03%), Carbohydrates: 36.08g (12.03%), Net Carbohydrates: 35.49g (12.9%), Sugar: 29.3g (32.56%), Cholesterol: 0mg (0%), Sodium: 196.95mg (8.56%), Alcohol: 20.04g (100%), Alcohol %: 17.34% (100%), Protein: 0.26g (0.52%), Vitamin C: 20.21mg (24.5%), Vitamin K: 9.71µg (9.25%), Vitamin B6: 0.12mg (5.82%), Vitamin B2: 0.08mg (4.65%), Vitamin B1: 0.07mg (4.44%), Folate: 16.72µg (4.18%), Vitamin E: 0.51mg (3.39%), Fiber: 0.6g (2.38%), Vitamin B3: 0.37mg (1.84%), Copper: 0.03mg (1.69%), Potassium: 52.3mg (1.49%), Selenium: 0.8µg (1.14%)