



Aged Negroni



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



20

CALORIES



132 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 11 ounces campari
- ☐ 11 ounces hendrick's gin
- ☐ 20 servings ice cubes
- ☐ 20 servings orange twists for serving
- ☐ 11 ounces vermouth sweet
- ☐ 1 oak barrel
- ☐ 1 oak barrel

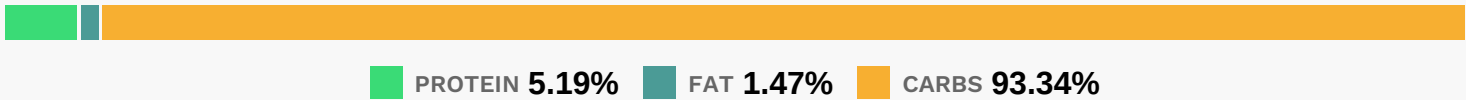
Equipment

☐ funnel

Directions

- ☐ If the barrel is new and dry inside, fill it with water and let stand until watertight, about 24 hours.
- ☐ Drain.
- ☐ Using a funnel, fill the barrel with all of the liquid ingredients.
- ☐ Let age, tasting a sample once a week, until the cocktail has taken on a rounded but not overly oaky flavor, about 1 month.
- ☐ Strain the cocktail through a coffee filterlined funnel into a glass container and store indefinitely.
- ☐ To serve, pour 3 ounces of the cocktail into an ice-filled rocks glass and stir well, then garnish with a twist.

Nutrition Facts



Properties

Glycemic Index:2.88, Glycemic Load:3.6, Inflammation Score:-5, Nutrition Score:4.7804348624271%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 132.42kcal (6.62%), Fat: 0.11g (0.17%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 15.41g (5.14%), Net Carbohydrates: 13.25g (4.82%), Sugar: 8.41g (9.35%), Cholesterol: 0mg (0%), Sodium: 2.96mg (0.13%), Alcohol: 10.23g (100%), Alcohol %: 6.72% (100%), Protein: 0.86g (1.71%), Vitamin C: 47.88mg (58.04%), Fiber: 2.16g (8.64%), Folate: 27µg (6.75%), Vitamin B1: 0.08mg (5.28%), Potassium: 163.21mg (4.66%), Vitamin A: 202.5IU (4.05%), Calcium: 37.68mg (3.77%), Vitamin B6: 0.05mg (2.71%), Copper: 0.05mg (2.64%), Magnesium: 9.56mg (2.39%), Vitamin B5: 0.22mg (2.25%), Vitamin B2: 0.04mg (2.15%), Phosphorus: 13.22mg (1.32%), Vitamin B3: 0.26mg (1.28%), Manganese: 0.03mg (1.27%), Vitamin E: 0.16mg (1.08%)