



Allie's Espresso Kahlua® Liqueur

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



32

CALORIES



89 kcal

BEVERAGE

DRINK

Ingredients

- 2 cups brown sugar dark
- 2 cups rum dark bacardi® (such as)
- 2 cups espresso grounds hot brewed
- 1 vanilla pod

Equipment

- bowl

Directions

- Stir brown sugar into espresso in a bowl or container with a spout until dissolved; stir in rum.
- Pour mixture into a clean, dark bottle; add vanilla bean. Seal bottle tightly with a lid and let sit for 1 month before drinking.

Nutrition Facts

PROTEIN 0.25% **FAT 0.81%** **CARBS 98.94%**

Properties

Glycemic Index:0.47, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.64000000334952%

Nutrients (% of daily need)

Calories: 88.59kcal (4.43%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 13.77g (4.59%), Net Carbohydrates: 13.77g (5.01%), Sugar: 13.34g (14.82%), Cholesterol: 0mg (0%), Sodium: 6.07mg (0.26%), Alcohol: 5.01g (100%), Alcohol %: 14.55% (100%), Caffeine: 31.27mg (10.42%), Protein: 0.03g (0.07%), Vitamin B3: 0.79mg (3.93%), Magnesium: 13.04mg (3.26%), Vitamin B2: 0.03mg (1.57%), Calcium: 11.71mg (1.17%), Potassium: 35.55mg (1.02%)