



Almond Chocolate Kiss Cookies

READY IN



34 min.

SERVINGS



24

CALORIES



233 kcal

DESSERT

Ingredients

- 1 tsp almond extract
- 1 tsp baking soda
- 1 eggs
- 1.3 cups flour
- 0.5 cup butter softened (1 stick)
- 24 foil-wrapped milk chocolate pieces
- 0.5 cup planters slivered almonds toasted finely chopped
- 0.5 cup sugar

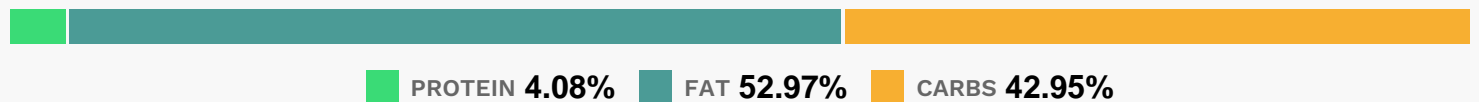
Equipment

- bowl
- baking sheet
- oven
- hand mixer

Directions

- Preheat oven to 350F. Beat margarine and sugar in large bowl with electric mixer on medium speed until light and fluffy. Blend in egg and almond extract.
- Add flour and baking soda; beat until well blended.
- Shape dough into 24 balls, each about 1 inch in diameter; roll in almonds.
- Place, 2 inches apart, on ungreased baking sheets.
- Bake 7 to 9 minutes or until lightly browned. Immediately top each with 1 unwrapped candy piece; press candy lightly into center of cookie.
- Remove to wire racks; cool completely. Store in tightly covered container at room temperature.

Nutrition Facts



Properties

Glycemic Index:8.24, Glycemic Load:13.31, Inflammation Score:-3, Nutrition Score:4.3452173637469%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 233.44kcal (11.67%), Fat: 14.76g (22.71%), Saturated Fat: 6.57g (41.04%), Carbohydrates: 26.93g (8.98%), Net Carbohydrates: 24.92g (9.06%), Sugar: 18.72g (20.8%), Cholesterol: 6.82mg (2.27%), Sodium: 104.34mg (4.54%), Alcohol: 0.06g (100%), Alcohol %: 0.16% (100%), Caffeine: 18.48mg (6.16%), Protein: 2.56g (5.12%), Manganese: 0.24mg (11.91%), Magnesium: 39.63mg (9.91%), Copper: 0.2mg (9.78%), Vitamin B2: 0.14mg (8.13%), Fiber: 2.01g (8.03%), Iron: 1.21mg (6.74%), Phosphorus: 64.21mg (6.42%), Vitamin E: 0.82mg (5.46%), Selenium: 3.82µg (5.46%), Vitamin B1: 0.07mg (4.4%), Folate: 15.45µg (3.86%), Zinc: 0.56mg (3.75%), Vitamin A: 179.08IU (3.58%), Vitamin B3: 0.68mg (3.41%), Potassium: 109.98mg (3.14%), Vitamin K: 1.79µg (1.71%), Calcium: 16.32mg (1.63%), Vitamin B6: 0.02mg (1.09%)