



## Almond Coffee Cake

 Dairy Free

READY IN



120 min.

SERVINGS



9

CALORIES



384 kcal

MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

## Ingredients

- 0.8 cup butter softened
- 1 cup granulated sugar
- 0.3 cup almond paste
- 0.5 teaspoon almond extract
- 2 eggs
- 1.5 cups flour all-purpose
- 0.5 teaspoon double-acting baking powder
- 0.1 teaspoon salt

- 0.5 cup almonds sliced
- 1 serving powdered sugar
- 1 serving poached berries fresh

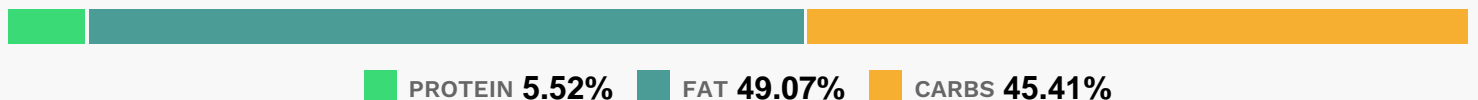
## Equipment

- bowl
- frying pan
- oven
- wire rack
- hand mixer
- aluminum foil

## Directions

- Heat oven to 350°F. Line 8-inch square pan with foil, leaving 1 inch of foil overhanging at 2 opposite sides of pan; spray foil with cooking spray.
- In large bowl, beat butter, granulated sugar and almond paste with electric mixer on medium speed until light and fluffy. Beat in almond extract and eggs until well blended. On low speed, beat in flour, baking powder and salt just until blended.
- Spread batter in pan; sprinkle with almonds.
- Bake 45 minutes or until tooth-pick inserted in center comes out clean. Cool completely in pan on cooling rack, about 1 hour. Use foil to lift cake out of pan; cut into squares.
- Sprinkle with powdered sugar.
- Garnish with berries.

## Nutrition Facts



## Properties

Glycemic Index:27.45, Glycemic Load:27.12, Inflammation Score:-6, Nutrition Score:7.5982608084121%

## Flavonoids

Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg Petunidin: 0.02mg, Petunidin: 0.02mg, Petunidin: 0.02mg, Petunidin: 0.02mg Delphinidin: 0.02mg, Delphinidin: 0.02mg, Delphinidin: 0.02mg, Delphinidin: 0.02mg Malvidin: 0.06mg, Malvidin: 0.06mg, Malvidin: 0.06mg, Malvidin: 0.06mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 383.75kcal (19.19%), Fat: 21.31g (32.79%), Saturated Fat: 3.91g (24.46%), Carbohydrates: 44.38g (14.79%), Net Carbohydrates: 42.78g (15.56%), Sugar: 26.44g (29.38%), Cholesterol: 36.37mg (12.12%), Sodium: 249.61mg (10.85%), Alcohol: 0.08g (100%), Alcohol %: 0.11% (100%), Protein: 5.4g (10.79%), Vitamin E: 3.15mg (20.97%), Manganese: 0.34mg (16.76%), Selenium: 10.77µg (15.38%), Vitamin B2: 0.25mg (14.84%), Vitamin A: 729.55IU (14.59%), Folate: 51.3µg (12.83%), Vitamin B1: 0.19mg (12.45%), Phosphorus: 97.38mg (9.74%), Iron: 1.5mg (8.33%), Magnesium: 31.15mg (7.79%), Vitamin B3: 1.55mg (7.74%), Copper: 0.13mg (6.49%), Fiber: 1.61g (6.43%), Calcium: 55.83mg (5.58%), Zinc: 0.56mg (3.72%), Potassium: 108.5mg (3.1%), Vitamin B5: 0.29mg (2.91%), Vitamin B6: 0.04mg (1.88%), Vitamin B12: 0.11µg (1.77%), Vitamin D: 0.2µg (1.3%)