



Almond Crescents III

 Dairy Free

READY IN



45 min.

SERVINGS



60

CALORIES



77 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup confectioners' sugar
- 2 cups flour all-purpose
- 1 cup ground blanched almonds
- 0.3 teaspoon salt
- 1 cup semi chocolate chips
- 1 cup shortening
- 2 teaspoons vanilla extract
- 1 tablespoon water

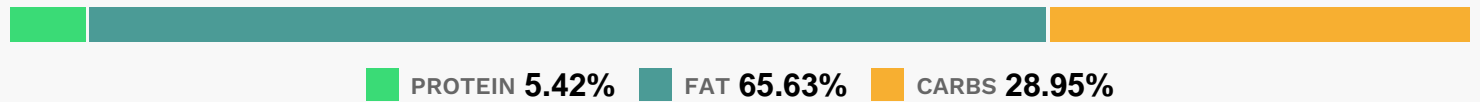
Equipment

- bowl
- oven
- double boiler
- microwave

Directions

- Mix together shortening and confectioner's sugar and water. Stir in flour, salt, vanilla and almonds.
- Mix well.
- Form dough with hands into 3 inch lengths about pencil thin.
- Bake on ungreased sheet in a preheated 300 degrees F oven (150 degrees C) for 20 minutes.
- While cookies cool, melt chocolate chips in a double boiler or in a bowl in the microwave. When cookies are completely cool, dip one half in melted chocolate.

Nutrition Facts



Properties

Glycemic Index:1.25, Glycemic Load:2.3, Inflammation Score:-1, Nutrition Score:1.7504347963664%

Nutrients (% of daily need)

Calories: 77.36kcal (3.87%), Fat: 5.7g (8.77%), Saturated Fat: 1.6g (10.02%), Carbohydrates: 5.66g (1.89%), Net Carbohydrates: 5.1g (1.85%), Sugar: 1.71g (1.91%), Cholesterol: 0.18mg (0.06%), Sodium: 10.64mg (0.46%), Alcohol: 0.05g (100%), Alcohol %: 0.43% (100%), Protein: 1.06g (2.12%), Manganese: 0.11mg (5.34%), Vitamin E: 0.72mg (4.83%), Copper: 0.06mg (3.25%), Magnesium: 11.8mg (2.95%), Vitamin B1: 0.04mg (2.56%), Iron: 0.45mg (2.52%), Selenium: 1.73µg (2.48%), Phosphorus: 22.33mg (2.23%), Fiber: 0.56g (2.23%), Vitamin B2: 0.04mg (2.18%), Folate: 8.65µg (2.16%), Vitamin K: 2.05µg (1.95%), Vitamin B3: 0.34mg (1.72%), Zinc: 0.17mg (1.14%), Potassium: 35.41mg (1.01%)