



Almond Streusel-Cherry Cheesecake Bars

READY IN



240 min.

SERVINGS



24

CALORIES



188 kcal

DESSERT

Ingredients

- 1 teaspoon almond extract
- 0.5 cup almonds sliced
- 0.3 cup butter cold
- 21 ounce cherry pie filling canned
- 8 ounce cream cheese softened
- 2 eggs
- 2 tablespoons flour all-purpose gold medal®
- 0.5 cup sugar
- 1 pound sugar cookie mix betty crocker®

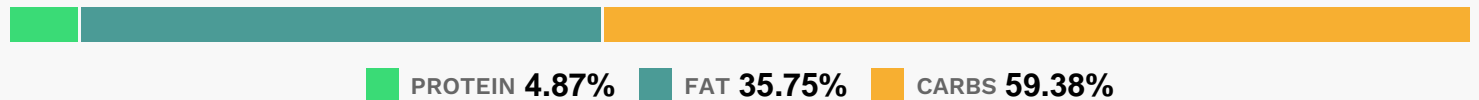
Equipment

- bowl
- frying pan
- oven

Directions

- Place cookie mix in bowl.
- Cut in butter and 4 ounces cream cheese, until mixture is crumbly. Reserve 1 1/2 cups mixture for topping. Press remaining mixture in bottom of greased 13x9-inch pan.
- Bake at 350 degrees F for 12 minutes.
- Blend 20 ounces cream cheese, sugar, flour, almond extract and eggs in bowl until smooth.
- Spread cream cheese mixture evenly over partially baked cookie base. Spoon pie filling evenly over cream cheese mixture.
- Sprinkle with reserved topping and almonds.
- Bake at 350 degrees F for 40 to 45 minutes. Cool 30 minutes. Refrigerate about 2 hours or until chilled. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:7.59, Glycemic Load:3.41, Inflammation Score:-2, Nutrition Score:2.0521739053985%

Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 188kcal (9.4%), Fat: 7.52g (11.56%), Saturated Fat: 2.5g (15.61%), Carbohydrates: 28.09g (9.36%), Net Carbohydrates: 27.69g (10.07%), Sugar: 13.4g (14.89%), Cholesterol: 23.18mg (7.73%), Sodium: 115.73mg (5.03%), Alcohol: 0.06g (100%), Alcohol %: 0.11% (100%), Protein: 2.3g (4.6%), Vitamin A: 282.16IU (5.64%), Vitamin E: 0.68mg (4.56%), Vitamin B2: 0.08mg (4.45%), Selenium: 2.35µg (3.36%), Phosphorus: 31.54mg (3.15%), Manganese: 0.06mg (2.91%), Copper: 0.05mg (2.26%), Folate: 8.6µg (2.15%), Magnesium: 8.43mg (2.11%), Vitamin B1: 0.03mg (2.02%), Calcium: 19.97mg (2%), Potassium: 59.62mg (1.7%), Iron: 0.3mg (1.69%), Fiber: 0.41g (1.62%), Vitamin B5: 0.14mg (1.39%), Vitamin B6: 0.02mg (1.19%), Vitamin B3: 0.23mg (1.15%), Zinc: 0.17mg (1.14%), Vitamin C: 0.9mg (1.09%)