



## Almond-Toffee Chocolate Chip Cookies

READY IN



30 min.

SERVINGS



2

CALORIES



3144 kcal

DESSERT

### Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 0.8 cup firmly brown sugar dark packed
- ☐ 0.8 cup butter softened
- ☐ 2 large eggs
- ☐ 2.3 cups flour all-purpose
- ☐ 0.8 cup granulated sugar
- ☐ 0.8 teaspoon salt
- ☐ 1 cup semisweet chocolate morsels
- ☐ 0.5 cup slivered almonds toasted

- ☐ 1 cup almond toffee bits
- ☐ 1.5 teaspoons vanilla extract

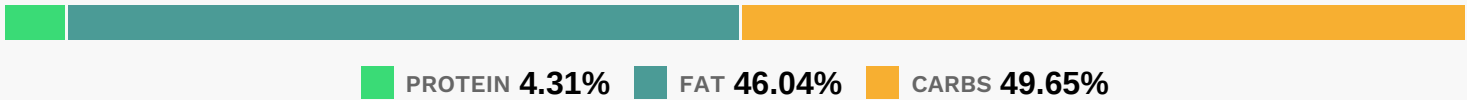
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

## Directions

- ☐ Beat butter and sugars at medium speed with an electric mixer until creamy.
- ☐ Add eggs and vanilla, beating until blended.
- ☐ Combine flour, soda, and salt in a small bowl; gradually add to butter mixture, beating well. Stir in morsels, toffee bits, and almonds. Drop by tablespoonfuls onto lightly greased baking sheets.
- ☐ Bake at 350 for 8 to 14 minutes or until desired degree of doneness.
- ☐ Remove to wire racks to cool completely.
- ☐ Note: For testing purposes only, we used Hershey's
- ☐ Heath Bits O'Brickle Almond Toffee Bits.

## Nutrition Facts



## Properties

Glycemic Index:128.05, Glycemic Load:169.31, Inflammation Score:-10, Nutrition Score:50.924782878679%

## Flavonoids

Cyanidin: 0.66mg, Cyanidin: 0.66mg, Cyanidin: 0.66mg, Cyanidin: 0.66mg Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg Epigallocatechin: 0.7mg, Epigallocatechin: 0.7mg, Epigallocatechin: 0.7mg, Epigallocatechin: 0.7mg Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg Naringenin: 0.12mg, Naringenin: 0.12mg, Naringenin: 0.12mg, Naringenin: 0.12mg Isorhamnetin: 0.71mg, Isorhamnetin: 0.71mg, Isorhamnetin: 0.71mg, Isorhamnetin: 0.71mg

Isorhamnetin: 0.71mg Kaempferol: 0.11mg, Kaempferol: 0.11mg, Kaempferol: 0.11mg, Kaempferol: 0.11mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 3144.49kcal (157.22%), Fat: 162.1g (249.39%), Saturated Fat: 90.72g (566.99%), Carbohydrates: 393.3g (131.1%), Net Carbohydrates: 378.93g (137.79%), Sugar: 265.16g (294.63%), Cholesterol: 497.44mg (165.81%), Sodium: 2233.51mg (97.11%), Alcohol: 1.03g (100%), Alcohol %: 0.19% (100%), Caffeine: 77.4mg (25.8%), Protein: 34.15g (68.3%), Manganese: 2.85mg (142.49%), Selenium: 74.93µg (107.05%), Copper: 1.69mg (84.51%), Vitamin B2: 1.4mg (82.45%), Iron: 14.78mg (82.09%), Vitamin B1: 1.22mg (81.47%), Vitamin A: 3805.29IU (76.11%), Folate: 298.47µg (74.62%), Vitamin E: 11.14mg (74.26%), Magnesium: 282.48mg (70.62%), Phosphorus: 676.51mg (67.65%), Fiber: 14.37g (57.49%), Vitamin B3: 10.25mg (51.23%), Zinc: 5.11mg (34.09%), Potassium: 1124.28mg (32.12%), Calcium: 308.27mg (30.83%), Vitamin B5: 2.14mg (21.41%), Vitamin K: 16.32µg (15.55%), Vitamin B12: 0.88µg (14.7%), Vitamin B6: 0.26mg (13.11%), Vitamin D: 1µg (6.67%)