

BREAKFAST

# Almond-Vanilla Breakfast Ring

5 October 2026

| TOTAL TIME | SERVES | PER SERVING | CALORIES |
|------------|--------|-------------|----------|
| 45 min     | 10     | \$1.40      | 485 kcal |

Almond-Vanilla Breakfast Ring is a dairy free breakfast. For \$1.4 per serving, this recipe covers 14% of your daily requirements of vitamins and minerals. One serving contains 569 calories, 10g of protein, and 18g of fat. This recipe serves 10. 1 person has tried and liked this recipe.

## Ingredients

- ☐ ½ teaspoon almond extract
- ☐ 1 cup firmly packed brown sugar
- ☐ 24 frozen unbaked yeast dinner rolls
- ☐ ½ cup sliced almonds
- ☐ ½ cup butter or margarine
- ☐ 2 tablespoons vanilla-flavored cook-and-serve pudding mix

EQUIPMENT Bowl, Frying pan, Oven, Microwave, Kugelhopf pan

## Method

- 1

Heat brown sugar and next 2 ingredients in a glass microwave-safe bowl at HIGH 1 minute. Stir until blended; microwave 1 more minute or until bubbly.
- 2

Arrange frozen rolls in a lightly greased 10-cup Bundt pan.
- 3

Drizzle sugar mixture evenly over rolls; sprinkle with pudding mix and almonds. Cover and let stand at room temperature 3 hours.
- 4

Bake, uncovered, on lower oven rack at 350 for 30 minutes or until golden brown.
- 5

Remove from oven, and let stand 10 minutes. Invert pan onto a lightly greased plate.

- 6) Serve warm.
- 7) Note: For testing purposes only, we used Jell-O Cook &
- 8) Serve Vanilla Pudding and Pie Filling and Bridgford Parkerhouse Style
- 9) Rolls made with fresh yeast.

| Nutrition per serving |      |         |                             |
|-----------------------|------|---------|-----------------------------|
|                       | 485  | 10 g    | 18 g                        |
|                       | KCAL | PROTEIN | FAT                         |
|                       |      |         | 73 g                        |
|                       |      |         | CARBS                       |
| Saturated Fat         |      |         | 3.6 g · 23% of daily needs  |
| Fibre                 |      |         | 4.5 g · 18% of daily needs  |
| Sugar                 |      |         | 25.6 g · 28% of daily needs |
| Sodium                |      |         | 673 mg · 29% of daily needs |
| Cholesterol           |      |         | 0 mg · 0% of daily needs    |

Adapted from My Recipes. Find this recipe, ratings and more ideas at [whatsheate.com/almond-vanilla-breakfast-ring-148171](https://whatsheate.com/almond-vanilla-breakfast-ring-148171)