

AMAJO's Creamsicle® Martini

 Vegetarian  Gluten Free

READY IN

ready

5 min.

SERVINGS

servings

1

CALORIES

calories

197 kcal

BEVERAGE

DRINK

Ingredients

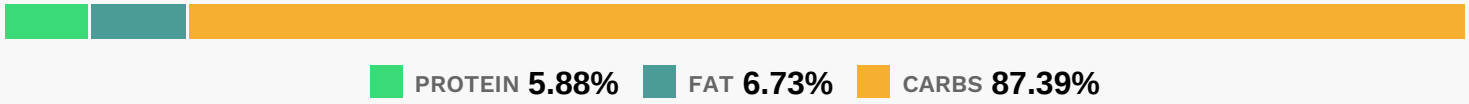
- ☐ 1 fluid ounce half-and-half fat free
- ☐ 1 slice cranberry-orange relish
- ☐ 1 fluid ounce orange juice
- ☐ 1 fluid ounce triple sec
- ☐ 1 fluid ounce vodka

Equipment

Directions

- ☐ Fill a cocktail shaker with ice cubes.
- ☐ Pour in the vodka, triple sec, orange juice, and half-and-half. Shake until frosty, about 15 seconds; strain into a martini glass, and garnish with an orange slice.

Nutrition Facts



Properties

Glycemic Index:109.5, Glycemic Load:2.13, Inflammation Score:-4, Nutrition Score:3.2434782871734%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 7.35mg, Hesperetin: 7.35mg, Hesperetin: 7.35mg, Hesperetin: 7.35mg Naringenin: 2.78mg, Naringenin: 2.78mg, Naringenin: 2.78mg, Naringenin: 2.78mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 196.72kcal (9.84%), Fat: 0.58g (0.89%), Saturated Fat: 0.29g (1.81%), Carbohydrates: 16.91g (5.64%), Net Carbohydrates: 16.51g (6.01%), Sugar: 14.79g (16.44%), Cholesterol: 1.48mg (0.49%), Sodium: 32.53mg (1.41%), Alcohol: 17.56g (100%), Alcohol %: 16.83% (100%), Caffeine: 7.69mg (2.56%), Protein: 1.14g (2.27%), Vitamin C: 22.44mg (27.2%), Phosphorus: 54.89mg (5.49%), Vitamin B2: 0.09mg (5.3%), Potassium: 154.56mg (4.42%), Vitamin B1: 0.06mg (3.87%), Calcium: 37.54mg (3.75%), Folate: 14.25µg (3.56%), Magnesium: 10.27mg (2.57%), Vitamin B12: 0.15µg (2.56%), Vitamin B5: 0.23mg (2.27%), Vitamin A: 103.36IU (2.07%), Copper: 0.04mg (1.94%), Vitamin B6: 0.04mg (1.93%), Zinc: 0.27mg (1.82%), Fiber: 0.4g (1.58%), Selenium: 1.05µg (1.49%), Vitamin B3: 0.24mg (1.19%)