



## Ambrosia Cheesecake

READY IN



45 min.

SERVINGS



12

CALORIES



702 kcal

DESSERT

### Ingredients

- ☐ 3 tablespoons butter melted
- ☐ 1.5 cups almond shortbread cookie crumbs ( 12 cookies)
- ☐ 32 ounce cream cheese softened
- ☐ 3 large eggs
- ☐ 2 cups orange curd fresh
- ☐ 1 cup sugar
- ☐ 3 tablespoons sugar
- ☐ 14 ounce coconut or sweetened flaked
- ☐ 2 teaspoons vanilla extract

- ☐ 12 servings garnish: boxwood garland
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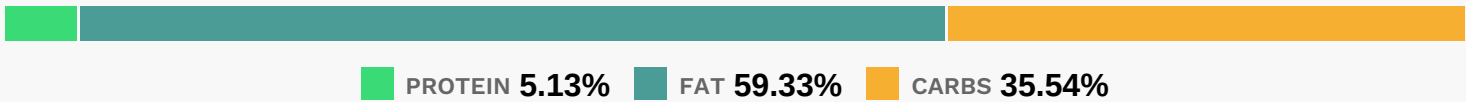
Equipment

- ☐ oven
- ☐ wire rack
- ☐ hand mixer
- ☐ springform pan

Directions

- ☐ Stir together first 3 ingredients; press mixture into bottom of a 10-inch springform pan.
- ☐ Bake at 350 for 8 minutes. Cool.
- ☐ Beat cream cheese, eggs, and 1 cup sugar at medium speed with an electric mixer until fluffy. Stir in 14-ounce package coconut and vanilla.
- ☐ Pour into prepared crust.
- ☐ Bake at 350 for 1 hour. Cool completely on a wire rack.
- ☐ Cover and chill 8 hours. Release sides of springform pan, and place cheesecake on serving platter or cake stand.
- ☐ Spread Fresh Orange Curd evenly over top of cheesecake.
- ☐ Sprinkle 1 cup toasted coconut around outer edge of top, if desired. Arrange Decorated Pastry Strips on sides of cheesecake, if desired.
- ☐ Garnish top of cake, if desired.
- ☐ Note: For testing purposes only, we used Keebler Sandies Almond Shortbread.

Nutrition Facts



Properties

Glycemic Index:22.81, Glycemic Load:27.88, Inflammation Score:-7, Nutrition Score:11.509999974914%

Flavonoids

Hesperetin: 8.18mg, Hesperetin: 8.18mg, Hesperetin: 8.18mg, Hesperetin: 8.18mg Naringenin: 4.6mg, Naringenin: 4.6mg, Naringenin: 4.6mg, Naringenin: 4.6mg Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 702.2kcal (35.11%), Fat: 47.12g (72.49%), Saturated Fat: 27.38g (171.11%), Carbohydrates: 63.51g (21.17%), Net Carbohydrates: 59.13g (21.5%), Sugar: 43.96g (48.85%), Cholesterol: 122.85mg (40.95%), Sodium: 487.05mg (21.18%), Alcohol: 0.23g (100%), Alcohol %: 0.14% (100%), Protein: 9.16g (18.32%), Vitamin A: 1300.92IU (26.02%), Selenium: 17.77µg (25.38%), Manganese: 0.47mg (23.27%), Vitamin B2: 0.35mg (20.38%), Vitamin C: 15.97mg (19.35%), Fiber: 4.38g (17.52%), Phosphorus: 163.28mg (16.33%), Folate: 46.66µg (11.67%), Vitamin E: 1.67mg (11.1%), Vitamin B1: 0.16mg (10.55%), Calcium: 101.13mg (10.11%), Iron: 1.72mg (9.57%), Potassium: 319.61mg (9.13%), Vitamin B5: 0.84mg (8.36%), Magnesium: 32.5mg (8.12%), Copper: 0.16mg (8.11%), Vitamin B3: 1.37mg (6.83%), Zinc: 0.94mg (6.28%), Vitamin B6: 0.11mg (5.65%), Vitamin B12: 0.28µg (4.68%), Vitamin K: 4.88µg (4.65%), Vitamin D: 0.25µg (1.67%)