

## Another Crunchy Chocolate Chip Cookie — All Butter







DESSERT

## Ingredients

U.5 teaspoon double-acting baking powder
0.5 teaspoon soda
1 large eggs
220 grams stir and aerate flour before measuring
0.5 cup granulated sugar
0.5 cup brown sugar light
0.5 teaspoon salt

1.3 cup semi-sweet chocolate chips

	8 tablespoons butter unsalted room temperature	
	1.5 teaspoons vanilla extract	
<b>Eq</b>	uipment baking sheet oven whisk hand mixer	
Directions		
	Preheat oven to 350 degrees F. Line a couple of cookie sheets with parchment. Sift or thoroughly whisk together flour, baking powder, baking soda and salt. Set aside. Cream butter and both sugars with an electric mixer;	
	Add egg and vanilla and beat until egg is mixed in.	
	Add flour mixture and stir until incorporated. Stir in chocolate chips.Drop by rounded teaspoons onto the parchment lined cookie sheets and bake for 12–15 minutes (or longer) or until the edges start to brown. The baking powder prevents the cookies from browning quickly, so it seems the cookies can bake a longer time and becoming crunchier without burning or getting overly brown. I baked mine on an insulated cookie sheet, so if you notice your bottoms are browning too fast, switch to an insulated cookie sheet or stack you cookie sheet on top of another one to make your own insulated sheet.	
Nutrition Facts		
PROTEIN 4.6% FAT 43.68% CARBS 51.72%		
Properties Glycemic Index:7.41, Glycemic Load:5.99, Inflammation Score:-1, Nutrition Score:2.4134782578634%		

## Nutrients (% of daily need)

Calories: 120.24kcal (6.01%), Fat: 5.86g (9.01%), Saturated Fat: 3.46g (21.65%), Carbohydrates: 15.61g (5.2%), Net Carbohydrates: 14.84g (5.4%), Sugar: 9.18g (10.2%), Cholesterol: 13.77mg (4.59%), Sodium: 47.46mg (2.06%), Alcohol: 0.06g (100%), Alcohol %: 0.31% (100%), Caffeine: 6.27mg (2.09%), Protein: 1.39g (2.77%), Manganese: 0.15mg (7.35%), Copper: 0.1mg (5.23%), Selenium: 3.52µg (5.03%), Iron: 0.84mg (4.67%), Vitamin B1: 0.06mg

(3.81%), Magnesium: 14.95mg (3.74%), Folate: 13.45µg (3.36%), Phosphorus: 31.84mg (3.18%), Fiber: 0.77g (3.08%), Vitamin B2: 0.05mg (2.74%), Vitamin B3: 0.47mg (2.37%), Vitamin A: 99.55IU (1.99%), Zinc: 0.27mg (1.78%), Potassium: 56.63mg (1.62%), Calcium: 13.87mg (1.39%)