



Appetizer Cheese Trees

READY IN



270 min.

SERVINGS



28

CALORIES



167 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 24 ounces cream cheese softened
- 16 ounces cheddar cheese shredded
- 2 tablespoons basil pesto
- 1 tablespoon onion grated
- 0.3 teaspoon ground mustard dry ()
- 2 hot sauce red
- 0.3 cup cilantro leaves finely chopped
- 0.3 cup pinenuts
- 2 tablespoons bell pepper red chopped

1 serving round buttery crackers assorted

Equipment

baking sheet

Directions

Mix cream cheese and Cheddar cheese; divide in half.

Mix pesto into 1 half; mix onion, mustard and pepper sauce into other half. Cover each half and refrigerate about 4 hours or until firm enough to shape.

Place cheese mixtures on cookie sheet. Shape each half into cone shape to look like Christmas tree.

Roll trees in parsley, pressing parsley evenly onto trees. Press pine nuts onto trees in string form for garland. Press bell pepper pieces onto trees for ornaments. Top each tree with star shape cut from lemon peel if desired.

Serve with crackers.

Nutrition Facts

 **PROTEIN 13.13%**  **FAT 81.12%**  **CARBS 5.75%**

Properties

Glycemic Index:5.18, Glycemic Load:0.49, Inflammation Score:-4, Nutrition Score:3.8800000328085%

Flavonoids

Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 166.66kcal (8.33%), Fat: 15.23g (23.43%), Saturated Fat: 8.18g (51.12%), Carbohydrates: 2.43g (0.81%), Net Carbohydrates: 2.33g (0.85%), Sugar: 1.14g (1.26%), Cholesterol: 40.83mg (13.61%), Sodium: 199.33mg (8.67%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.55g (11.09%), Calcium: 141.18mg (14.12%), Phosphorus: 109.19mg (10.92%), Vitamin A: 541.18IU (10.82%), Selenium: 6.75µg (9.64%), Vitamin B2: 0.13mg (7.8%), Manganese: 0.12mg (5.79%), Zinc: 0.8mg (5.34%), Vitamin B12: 0.23µg (3.75%), Vitamin E: 0.48mg (3.19%), Magnesium: 9.92mg (2.48%), Vitamin K: 2.31µg (2.2%), Vitamin B5: 0.21mg (2.15%), Folate: 6.91µg (1.73%), Potassium: 55.33mg (1.58%), Vitamin B6: 0.03mg (1.45%), Copper: 0.03mg (1.35%), Vitamin B1: 0.02mg (1.2%), Vitamin C: 0.98mg (1.19%)