



Apple Cider Vinaigrette



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



9

CALORIES



41 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 tablespoons agave syrup
- ☐ 0.3 cup apple cider vinegar
- ☐ 0.3 teaspoon pepper black freshly ground
- ☐ 0.5 cup canola oil
- ☐ 1 tablespoon dijon mustard
- ☐ 0.3 teaspoon kosher salt
- ☐ 1.5 tablespoons shallots minced
- ☐ 0.3 cup citrus champagne vinegar

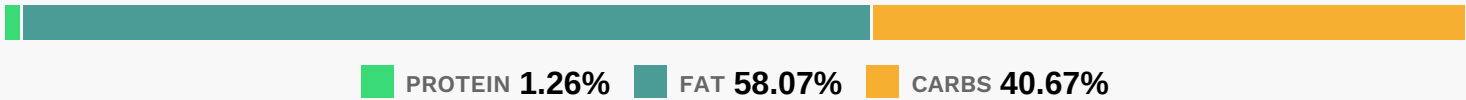
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ Combine first 6 ingredients in a small bowl, stirring with a whisk. Gradually add oil, stirring constantly with a whisk; stir in shallots.

Nutrition Facts



Properties

Glycemic Index:16.56, Glycemic Load:0.64, Inflammation Score:-1, Nutrition Score:0.70999999789764%

Nutrients (% of daily need)

Calories: 41.48kcal (2.07%), Fat: 2.57g (3.95%), Saturated Fat: 0.19g (1.18%), Carbohydrates: 4.05g (1.35%), Net Carbohydrates: 3.9g (1.42%), Sugar: 3.36g (3.73%), Cholesterol: 0mg (0%), Sodium: 84.19mg (3.66%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.13g (0.25%), Vitamin E: 0.49mg (3.26%), Vitamin K: 2.95µg (2.81%), Manganese: 0.04mg (1.94%), Vitamin C: 0.97mg (1.17%)