



## Apple Cranberry Streusel Custard Pie

READY IN



60 min.

SERVINGS



8

CALORIES



509 kcal

DESSERT

### Ingredients

- 0.5 cup pillsbury best® all purpose flour
- 2 medium apples all-purpose peeled sliced
- 0.5 cup firmly brown sugar packed
- 0.3 cup butter softened
- 14 ounce eagle brand® condensed milk sweetened canned
- 1.5 cups dry-pack cranberries fresh frozen
- 2 large eggs beaten
- 1 teaspoon ground cinnamon
- 0.5 cup nuts chopped

1 9-inch unbaked pie crust ( )

0.5 cup water hot

## Equipment

bowl

oven

## Directions

Place rack in lower third of oven; preheat oven to 425 degrees F. In large bowl, combine sweetened condensed milk and cinnamon.

Add eggs, water and fruits; mix well.

Pour into pie crust.

In medium bowl, combine sugar and flour; cut in butter until crumbly.

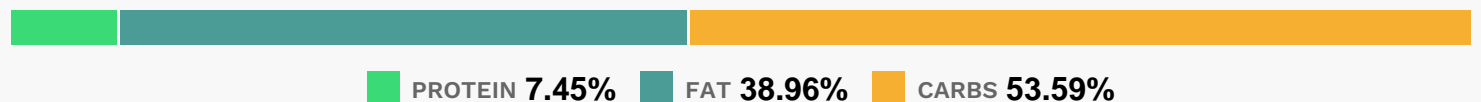
Add nuts.

Sprinkle over pie.

Bake 10 minutes.

Reduce oven temperature to 375 degrees F; continue baking 30 to 40 minutes or until golden brown. Cool. Store leftovers covered in refrigerator.

## Nutrition Facts



## Properties

Glycemic Index:30.96, Glycemic Load:23.58, Inflammation Score:-5, Nutrition Score:11.249565269636%

## Flavonoids

Cyanidin: 9.42mg, Cyanidin: 9.42mg, Cyanidin: 9.42mg, Cyanidin: 9.42mg Delphinidin: 1.44mg, Delphinidin: 1.44mg, Delphinidin: 1.44mg, Delphinidin: 1.44mg Malvidin: 0.08mg, Malvidin: 0.08mg, Malvidin: 0.08mg, Malvidin: 0.08mg Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg Peonidin: 9.23mg, Peonidin: 9.23mg, Peonidin: 9.23mg, Peonidin: 9.23mg Catechin: 0.66mg, Catechin: 0.66mg, Catechin: 0.66mg, Catechin: 0.66mg Epigallocatechin: 0.26mg, Epigallocatechin: 0.26mg, Epigallocatechin: 0.26mg, Epigallocatechin: 0.26mg Epicatechin: 4.25mg, Epicatechin: 4.25mg, Epicatechin: 4.25mg, Epicatechin: 4.25mg

Epigallocatechin 3-gallate: 0.27mg, Epigallocatechin 3-gallate: 0.27mg, Epigallocatechin 3-gallate: 0.27mg, Epigallocatechin 3-gallate: 0.27mg Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Myricetin: 1.24mg, Myricetin: 1.24mg, Myricetin: 1.24mg, Myricetin: 1.24mg Quercetin: 4.61mg, Quercetin: 4.61mg, Quercetin: 4.61mg, Quercetin: 4.61mg

## **Nutrients (% of daily need)**

Calories: 509.43kcal (25.47%), Fat: 22.54g (34.68%), Saturated Fat: 6.99g (43.67%), Carbohydrates: 69.76g (23.25%), Net Carbohydrates: 66.21g (24.08%), Sugar: 45.93g (51.04%), Cholesterol: 63.37mg (21.12%), Sodium: 256.58mg (11.16%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 9.7g (19.4%), Manganese: 0.48mg (24.02%), Phosphorus: 225.26mg (22.53%), Vitamin B2: 0.38mg (22.41%), Selenium: 15.44µg (22.06%), Calcium: 180.84mg (18.08%), Fiber: 3.55g (14.18%), Vitamin B1: 0.21mg (13.9%), Folate: 49.41µg (12.35%), Magnesium: 45.27mg (11.32%), Potassium: 373.68mg (10.68%), Iron: 1.87mg (10.41%), Vitamin A: 491.86IU (9.84%), Copper: 0.19mg (9.7%), Vitamin B5: 0.92mg (9.16%), Vitamin B3: 1.75mg (8.77%), Zinc: 1.18mg (7.88%), Vitamin C: 6.07mg (7.35%), Vitamin B6: 0.13mg (6.26%), Vitamin E: 0.89mg (5.9%), Vitamin B12: 0.34µg (5.61%), Vitamin K: 4.2µg (4%), Vitamin D: 0.35µg (2.33%)