

Apple Martinis

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



79 kcal

BEVERAGE

DRINK

Ingredients

- 1 cup apple liqueur sour (such as Apple Pucker)
- 1 cup apple juice
- 10 servings ice cubes crushed
- 0.3 cup sugar
- 0.8 cup vodka
- 1 cup water

Equipment

- microwave

measuring cup

Directions

- Combine water and sugar in a glass measuring cup. Microwave at HIGH 2 minutes or until sugar dissolves, stirring once; cool.
- Combine sugar mixture, vodka, juice, and liqueur in a pitcher; stir to combine.
- Place crushed ice in a martini shaker.
- Add vodka mixture to martini shaker in batches; shake well to chill. Strain about 1/2 cup vodka mixture in shaker into each of 10 glasses; repeat procedure with remaining vodka mixture, refilling ice as necessary.
- Serve immediately.

Nutrition Facts

 **PROTEIN 0.59%**  **FAT 1.61%**  **CARBS 97.8%**

Properties

Glycemic Index:15.78, Glycemic Load:5.07, Inflammation Score:-1, Nutrition Score:0.41652173840481%

Flavonoids

Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg Catechin: 0.47mg, Catechin: 0.47mg, Catechin: 0.47mg, Catechin: 0.47mg Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg Epicatechin: 2.11mg, Epicatechin: 2.11mg, Epicatechin: 2.11mg, Epicatechin: 2.11mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.65mg, Quercetin: 0.65mg, Quercetin: 0.65mg, Quercetin: 0.65mg

Nutrients (% of daily need)

Calories: 78.74kcal (3.94%), Fat: 0.07g (0.11%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 9.51g (3.17%), Net Carbohydrates: 9.16g (3.33%), Sugar: 8.68g (9.64%), Cholesterol: 0mg (0%), Sodium: 2.58mg (0.11%), Alcohol: 6.01g (100%), Alcohol %: 8.97% (100%), Protein: 0.06g (0.11%), Fiber: 0.35g (1.4%), Manganese: 0.02mg (1.15%), Potassium: 38.7mg (1.11%)