



## Apple Pie Moonshine

 **Gluten Free**  **Dairy Free**

READY IN



**70 min.**

SERVINGS



**100**

CALORIES



**102 kcal**

BEVERAGE

DRINK

### Ingredients

- 1 gallon apple cider
- 1 gallon apple juice
- 1 pinch apple pie spice
- 2 cups brown sugar
- 4 cinnamon sticks to taste
- 750 milliliter proof grain alcohol
- 750 milliliter vodka
- 2 cups sugar white

# Equipment

pot

# Directions

- Combine apple juice, apple cider, white sugar, brown sugar, and cinnamon sticks in a large pot; bring to almost a boil. Cover pot with a lid, reduce heat, and simmer for about 1 hour.
- Remove pot from heat and cool completely.
- Stir grain alcohol and vodka into syrup and remove cinnamon sticks.
- Pour apple pie moonshine into clean glass jars or bottles. Store in the refrigerator.

# Nutrition Facts

PROTEIN 0.5% FAT 1.48% CARBS 98.02%

# Properties

Glycemic Index:1.87, Glycemic Load:6.22, Inflammation Score:-1, Nutrition Score:0.73130436687042%

# Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Catechin: 0.95mg, Catechin: 0.95mg, Catechin: 0.95mg, Catechin: 0.95mg Epicatechin: 3.57mg, Epicatechin: 3.57mg, Epicatechin: 3.57mg, Epicatechin: 3.57mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg

# Nutrients (% of daily need)

Calories: 102.48kcal (5.12%), Fat: 0.11g (0.18%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 16.98g (5.66%), Net Carbohydrates: 16.75g (6.09%), Sugar: 15.55g (17.27%), Cholesterol: 0mg (0%), Sodium: 4.47mg (0.19%), Alcohol: 5.08g (100%), Alcohol %: 6.48% (100%), Protein: 0.09g (0.17%), Manganese: 0.09mg (4.32%), Potassium: 83.3mg (2.38%), Vitamin B1: 0.02mg (1.12%), Calcium: 11.22mg (1.12%), Magnesium: 4.28mg (1.07%)