



## Apricot-and-Wine Liqueur

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



48

CALORIES



78 kcal

BEVERAGE

DRINK

### Ingredients

- 2 pounds apricots pitted quartered ( 12 large)
- 1 stick cinnamon (3-inch)
- 750 milliliter sauvignon blanc white wine dry white
- 2 cups sugar
- 6 inch vanilla pod split
- 2 cups vodka

### Equipment

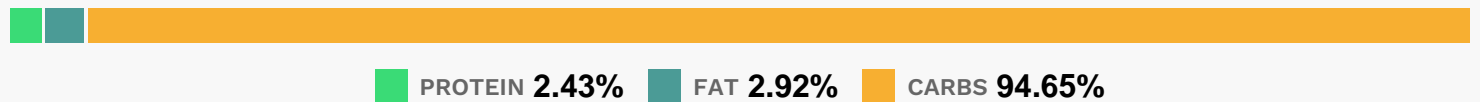
- bowl

- sieve
- dutch oven
- cheesecloth

## Directions

- Combine sugar and wine in a large nonaluminum Dutch oven or stockpot; stir well. Cook over medium-high heat 2 minutes or until sugar dissolves, stirring constantly (do not boil).
- Add apricots, cinnamon stick, and vanilla bean; bring to a boil, and cook 30 seconds, stirring gently after 15 seconds.
- Remove from heat; gently stir in vodka.
- Let cool completely. Spoon mixture into a large bowl; cover loosely with cheesecloth or a towel, and refrigerate 4 days.
- Drain apricot mixture through a fine sieve, reserving liqueur and marinated apricots. Discard cinnamon stick and vanilla bean.
- Pour liqueur into decorative bottles, and store in the refrigerator. Spoon the marinated apricots into a bowl; cover and chill.
- Note: Apricot liqueur will keep in the refrigerator for several weeks. Use the marinated apricots within 3 days.

## Nutrition Facts



## Properties

Glycemic Index:2.74, Glycemic Load:6.54, Inflammation Score:-3, Nutrition Score:0.94478261114463%

## Flavonoids

Catechin: 0.69mg, Catechin: 0.69mg, Catechin: 0.69mg, Catechin: 0.69mg Epicatechin: 0.9mg, Epicatechin: 0.9mg, Epicatechin: 0.9mg, Epicatechin: 0.9mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg

## Nutrients (% of daily need)

Calories: 77.81kcal (3.89%), Fat: 0.15g (0.23%), Saturated Fat: 0.01g (0.03%), Carbohydrates: 10.86g (3.62%), Net Carbohydrates: 10.44g (3.8%), Sugar: 10.06g (11.18%), Cholesterol: 0mg (0%), Sodium: 0.38mg (0.02%), Alcohol: 4.98g (100%), Alcohol %: 11.85% (100%), Protein: 0.28g (0.56%), Vitamin A: 364.22IU (7.28%), Vitamin C: 1.89mg

(2.29%), Fiber: 0.42g (1.67%), Potassium: 49.53mg (1.42%), Manganese: 0.03mg (1.38%), Vitamin E: 0.17mg (1.13%)