



Aunt Gladys' Chocolate Chip Cookies

READY IN



45 min.

SERVINGS



60

CALORIES



52 kcal

DESSERT

Ingredients

- 0.5 teaspoon baking soda
- 0.3 cup firmly brown sugar packed
- 0.5 cup butter softened
- 1 large eggs
- 1 cup flour all-purpose
- 0.5 cup pecans chopped
- 0.5 teaspoon salt
- 6 ounce semisweet chocolate morsels
- 0.3 cup sugar

0.5 teaspoon vanilla extract

Equipment

baking sheet

oven

hand mixer

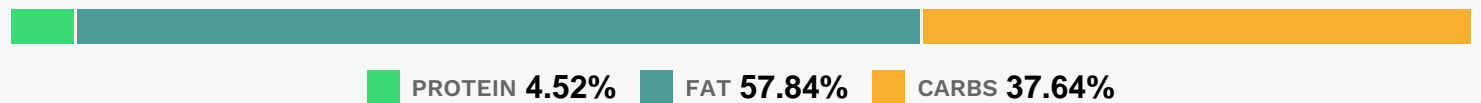
Directions

Beat butter and sugars at medium speed of an electric mixer until creamy; add vanilla and egg, beating until blended.

Combine flour, soda, and salt; add to butter mixture, mixing well. Stir in pecans and chocolate morsels. Drop dough by heaping teaspoonfuls onto greased cookie sheets.

Bake at 350 for 8 to 10 minutes. Cool slightly on cookie sheets; transfer cookies to wire racks to cool completely.

Nutrition Facts



Properties

Glycemic Index:3.42, Glycemic Load:1.74, Inflammation Score:-1, Nutrition Score:1.0913043382537%

Flavonoids

Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg

Nutrients (% of daily need)

Calories: 51.82kcal (2.59%), Fat: 3.38g (5.19%), Saturated Fat: 1.68g (10.51%), Carbohydrates: 4.94g (1.65%), Net Carbohydrates: 4.57g (1.66%), Sugar: 2.81g (3.12%), Cholesterol: 7.34mg (2.45%), Sodium: 42.44mg (1.85%), Alcohol: 0.01g (100%), Alcohol %: 0.14% (100%), Protein: 0.59g (1.19%), Manganese: 0.09mg (4.68%), Copper: 0.05mg (2.52%), Selenium: 1.27µg (1.81%), Iron: 0.32mg (1.78%), Magnesium: 6.77mg (1.69%), Vitamin B1: 0.02mg (1.58%), Fiber: 0.37g (1.48%), Phosphorus: 14.28mg (1.43%), Folate: 4.47µg (1.12%), Vitamin A: 53.7IU (1.07%), Vitamin B2:

0.02mg (1.03%)