



Aunt Kitty's Lemon Pie

 Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



338 kcal

DESSERT

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 3 large eggs
- ☐ 0.5 teaspoon lemon extract
- ☐ 0.3 cup juice of lemon fresh
- ☐ 1 tablespoon lemon rind grated
- ☐ 1 unbaked 9-inch pastry shell
- ☐ 0.3 teaspoon salt
- ☐ 1.5 cups sugar

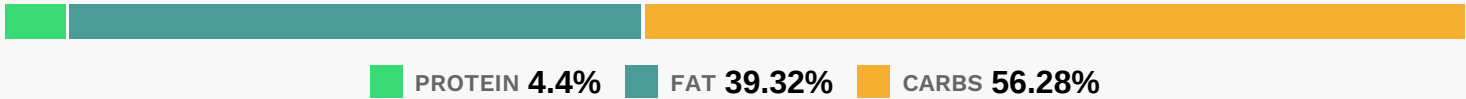
Equipment

- ☐ oven
- ☐ whisk
- ☐ wire rack
- ☐ aluminum foil

Directions

- ☐ Line pastry shell with aluminum foil, and fill with pie weights or dried beans.
- ☐ Bake at 425 for 7 minutes, and remove weights and foil.
- ☐ Whisk together sugar and butter until blended.
- ☐ Whisk in eggs and remaining ingredients.
- ☐ Pour into piecrust.
- ☐ Bake at 350 for 30 minutes or until set. Cool on a wire rack.

Nutrition Facts



Properties

Glycemic Index:8.76, Glycemic Load:26.18, Inflammation Score:-3, Nutrition Score:3.9347826605258%

Flavonoids

Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg Hesperetin: 1.1mg, Hesperetin: 1.1mg, Hesperetin: 1.1mg, Hesperetin: 1.1mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 338.34kcal (16.92%), Fat: 15.08g (23.2%), Saturated Fat: 3.9g (24.4%), Carbohydrates: 48.55g (16.18%), Net Carbohydrates: 47.91g (17.42%), Sugar: 37.72g (41.91%), Cholesterol: 69.75mg (23.25%), Sodium: 275.9mg (12%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.79g (7.59%), Selenium: 7.21µg (10.29%), Vitamin A: 440.62IU (8.81%), Vitamin B2: 0.13mg (7.89%), Folate: 25.4µg (6.35%), Phosphorus: 55.3mg (5.53%), Manganese: 0.1mg (5.09%), Iron: 0.91mg (5.07%), Vitamin C: 3.94mg (4.77%), Vitamin B1: 0.07mg (4.61%), Vitamin E: 0.6mg (4.01%), Vitamin B5: 0.39mg (3.94%), Vitamin B3: 0.6mg (3%), Vitamin B12: 0.18µg (2.94%), Fiber: 0.63g (2.53%),

Vitamin D: 0.38µg (2.5%), Vitamin B6: 0.05mg (2.41%), Zinc: 0.35mg (2.31%), Calcium: 19.26mg (1.93%), Potassium: 60.28mg (1.72%), Copper: 0.03mg (1.7%), Magnesium: 6.29mg (1.57%), Vitamin K: 1.61µg (1.53%)