

Autoroute Alpine



Vegetarian



Gluten Free



Dairy Free

READY IN



2880 min.

SERVINGS



1

CALORIES



1331 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 large basil
- ☐ 2 ounces peppercorns whole black
- ☐ 1 ounce campari
- ☐ 1 serving seltzer water
- ☐ 0.5 ounce honey
- ☐ 1 cup honey
- ☐ 1 serving ice cubes
- ☐ 0.8 ounce juice of lemon fresh

- ☐ 1 dash pepper black
- ☐ 1.5 ounces mirin
- ☐ 0.5 cup water boiling

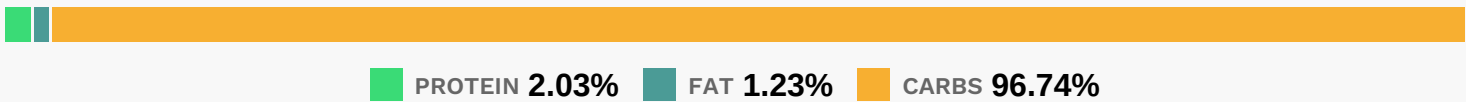
Equipment

- ☐ bowl
- ☐ whisk
- ☐ sieve

Directions

- ☐ Place peppercorns and Everclear in a medium bowl.
- ☐ Let rest for two days.
- ☐ Pour mixture through a sieve, reserving liquid.
- ☐ Place honey and boiling water in a heatproof bowl.
- ☐ Whisk until honey is dissolved.
- ☐ Let cool.
- ☐ Make Cocktail: Fill a cocktail shaker with ice.
- ☐ Add vermouth, Campari, lemon juice, honey syrup, and black pepper tincture. Shake thirty seconds.
- ☐ Fill an old fashioned glass with two large cubes of ice. Strain cocktail into glass. Top with a splash of soda.
- ☐ Garnish with basil leaf.

Nutrition Facts



Properties

Glycemic Index:238.55, Glycemic Load:158.78, Inflammation Score:-6, Nutrition Score:22.715217258619%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 1330.7kcal (66.53%), Fat: 1.91g (2.93%), Saturated Fat: 0.8g (5%), Carbohydrates: 338.06g (112.69%), Net Carbohydrates: 322.91g (117.42%), Sugar: 290.86g (323.17%), Cholesterol: 0mg (0%), Sodium: 34.64mg (1.51%), Alcohol: 10.48g (100%), Alcohol %: 1.96% (100%), Protein: 7.08g (14.16%), Manganese: 7.53mg (376.66%), Vitamin K: 94.64µg (90.13%), Fiber: 15.15g (60.59%), Copper: 0.92mg (45.77%), Iron: 7.03mg (39.05%), Calcium: 280.07mg (28.01%), Potassium: 961.61mg (27.47%), Magnesium: 107.47mg (26.87%), Vitamin B2: 0.24mg (14.11%), Vitamin B6: 0.26mg (13.02%), Vitamin C: 10.07mg (12.2%), Vitamin B5: 1.06mg (10.63%), Phosphorus: 105.79mg (10.58%), Zinc: 1.49mg (9.9%), Selenium: 5.63µg (8.04%), Vitamin A: 333.07IU (6.66%), Vitamin B3: 1.1mg (5.5%), Folate: 21.24µg (5.31%), Vitamin B1: 0.07mg (4.44%), Vitamin E: 0.63mg (4.17%)