



Aztec Sluggers

READY IN



10 min.

SERVINGS



2

CALORIES



421 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2 oz bittersweet chocolate unsweetened finely chopped (not)
- ☐ 0.3 cup bourbon
- ☐ 6 tablespoons cup heavy whipping cream
- ☐ 1 tablespoon rum / brandy / coffee liqueur
- ☐ 1 cup strong coffee decoction brewed
- ☐ 1 teaspoon sugar

Equipment

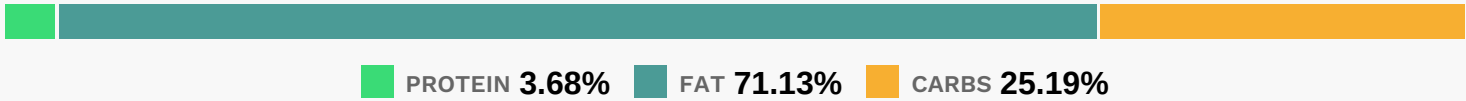
- ☐ sauce pan

whisk

Directions

- Heat coffee, bourbon, Kahlúa, chocolate, and 2 tablespoons cream in a 1– to 1 1/2–quart heavy saucepan over low heat, whisking constantly, until chocolate is melted, about 1 to 2 minutes. (Do not let boil.)
- Whisk remaining 1/4 cup cream with sugar until it holds soft peaks.
- Divide coffee mixture between 2 large mugs, then top with whipped cream.

Nutrition Facts



Properties

Glycemic Index:42.55, Glycemic Load:1.4, Inflammation Score:–6, Nutrition Score:6.8769565030285%

Flavonoids

Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg
Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Myricetin: 0.06mg,
Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin:
0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 421.05kcal (21.05%), Fat: 27.16g (41.78%), Saturated Fat: 16.61g (103.78%), Carbohydrates: 21.64g (7.21%),
Net Carbohydrates: 19.37g (7.04%), Sugar: 17.23g (19.14%), Cholesterol: 52.55mg (17.52%), Sodium: 18.27mg
(0.79%), Alcohol: 11.65g (100%), Alcohol %: 6.38% (100%), Caffeine: 71.78mg (23.93%), Protein: 3.16g (6.33%),
Manganese: 0.41mg (20.44%), Copper: 0.37mg (18.38%), Magnesium: 56.6mg (14.15%), Vitamin A: 675.67IU
(13.51%), Vitamin B2: 0.19mg (11.18%), Phosphorus: 104.56mg (10.46%), Iron: 1.86mg (10.34%), Fiber: 2.27g (9.07%),
Potassium: 262.2mg (7.49%), Zinc: 0.9mg (5.97%), Selenium: 3.74µg (5.35%), Vitamin B5: 0.5mg (5.01%), Calcium:
49.67mg (4.97%), Vitamin D: 0.72µg (4.8%), Vitamin E: 0.59mg (3.95%), Vitamin K: 3.6µg (3.43%), Vitamin B3:
0.5mg (2.48%), Vitamin B1: 0.04mg (2.43%), Vitamin B12: 0.12µg (2.05%), Vitamin B6: 0.03mg (1.34%), Folate:
4.17µg (1.04%)