



## B and B Cocktail



Gluten Free



Dairy Free



Low Fod Map

READY IN



3 min.

SERVINGS



1

CALORIES



89 kcal

BEVERAGE

DRINK

## Ingredients

- 0.5 fluid ounce brandy
- 0.5 fluid ounce liqueur benedictine®

## Equipment

## Directions

- Pour Benedictine into a cordial glass. Carefully pour in brandy so it floats on top of the Benedictine, creating a two-layered drink.

# Nutrition Facts

■ PROTEIN 0% ■ FAT 0% ■ CARBS 100%

## Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.023478260263801%

## Nutrients (% of daily need)

Calories: 88.54kcal (4.43%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 5.81g (1.94%), Net Carbohydrates: 5.81g (2.11%), Sugar: 5.75g (6.39%), Cholesterol: 0mg (0%), Sodium: 0.15mg (0.01%), Alcohol: 10.9g (100%), Alcohol %: 46.74% (100%), Protein: 0g (0%)