



## Baby Block Cake Pops

READY IN



340 min.

SERVINGS



42

CALORIES



188 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- 42 servings weight cream cheese
- 1 cup cream cheese frosting (from 1-lb container)
- 7 oz chocolate icing white
- 6 oz candy melts blue melted
- 6 oz candy melts melted
- 6 oz candy melts yellow melted
- 42 you will also need: parchment paper
- 6 teaspoons shortening
- 1 box cake mix white

## Equipment

- bowl
- frying pan
- baking sheet
- oven
- lollipop sticks

## Directions

- Make and bake cake mix as directed on box for 13x9-inch pan, using water, oil and egg whites. Cool. Line cookie sheet with waxed paper. Crumble cake into large bowl.
- Add frosting; mix well. Shape into 1-inch squares; place on cookie sheet. Freeze until firm; keep refrigerated.
- In 3 separate bowls, stir each color melted candy and 2 teaspoons shortening until smooth. Dip tip of 14 of the lollipop sticks about 1/2 inch into melted pink candy and insert stick into 1 cake square no more than halfway. Repeat, dipping 14 sticks in yellow candy and 14 in blue. Return to cookie sheet. Refrigerate 20 minutes.
- Remove from refrigerator a few at a time. Dip each cake square into melted candy to cover (using same color to match stick); tap off excess. Poke opposite end of stick into foam block.
- Let stand until set.
- On 1 side of each square, pipe white icing to look like a block. Pipe letter A, B or C within each outline.
- Let stand until set.

## Nutrition Facts



## Properties

Glycemic Index:1.02, Glycemic Load:1.38, Inflammation Score:-1, Nutrition Score:3.1300000443083%

## Nutrients (% of daily need)

Calories: 188.43kcal (9.42%), Fat: 5.08g (7.81%), Saturated Fat: 2.32g (14.48%), Carbohydrates: 33.03g (11.01%), Net Carbohydrates: 32.55g (11.84%), Sugar: 16.64g (18.49%), Cholesterol: 1.83mg (0.61%), Sodium: 230.66mg (10.03%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.53g (5.07%), Selenium: 6.51µg (9.3%), Vitamin B1: 0.13mg (8.42%), Manganese: 0.15mg (7.38%), Vitamin B2: 0.12mg (6.82%), Vitamin B3: 1.34mg (6.69%), Folate: 25.68µg (6.42%), Phosphorus: 63.2mg (6.32%), Iron: 0.9mg (5.01%), Calcium: 39.79mg (3.98%), Copper: 0.04mg (1.99%), Fiber: 0.48g (1.91%), Vitamin E: 0.22mg (1.48%), Zinc: 0.21mg (1.41%), Magnesium: 5.58mg (1.4%), Vitamin K: 1.32µg (1.26%)