



## Baby Block Cake Pops

READY IN



340 min.

SERVINGS



42

CALORIES



199 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 1 box cake mix white
- ☐ 16 oz cream cheese frosting
- ☐ 6 oz candy melts melted
- ☐ 6 oz candy melts yellow melted
- ☐ 6 oz candy melts blue melted
- ☐ 6 teaspoons shortening
- ☐ 42 you will also need: parchment paper
- ☐ 1 serving weight cream cheese
- ☐ 7 oz chocolate icing white

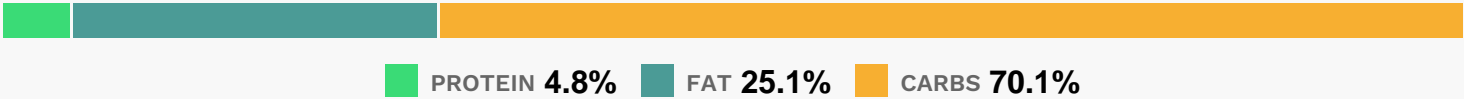
# Equipment

- ☐ bowl
- ☐ frying pan
- ☐ baking sheet
- ☐ oven
- ☐ lollipop sticks

# Directions

- ☐ Make and bake cake mix as directed on box for 13x9-inch pan, using water, oil and egg whites. Cool. Line cookie sheet with waxed paper. Crumble cake into large bowl.
- ☐ Add frosting; mix well. Shape into 1-inch squares; place on cookie sheet. Freeze until firm; keep refrigerated.
- ☐ In 3 separate bowls, stir each color melted candy and 2 teaspoons shortening until smooth. Dip tip of 14 of the lollipop sticks about 1/2 inch into melted pink candy and insert stick into 1 cake square no more than halfway. Repeat, dipping 14 sticks in yellow candy and 14 in blue. Return to cookie sheet. Refrigerate 20 minutes.
- ☐ Remove from refrigerator a few at a time. Dip each cake square into melted candy to cover (using same color to match stick); tap off excess. Poke opposite end of stick into foam block.
- ☐ Let stand until set.
- ☐ On 1 side of each square, pipe white icing to look like a block. Pipe letter A, B or C within each outline.
- ☐ Let stand until set.

# Nutrition Facts



# Properties

Glycemic Index:1.02, Glycemic Load:1.38, Inflammation Score:-1, Nutrition Score:3.0626086785418%

# Nutrients (% of daily need)

Calories: 198.63kcal (9.93%), Fat: 5.54g (8.52%), Saturated Fat: 2.43g (15.21%), Carbohydrates: 34.77g (11.59%), Net Carbohydrates: 34.3g (12.47%), Sugar: 18.31g (20.34%), Cholesterol: 1.71mg (0.57%), Sodium: 228.97mg (9.96%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.38g (4.77%), Selenium: 6.48µg (9.25%), Vitamin B1: 0.13mg (8.4%), Manganese: 0.15mg (7.39%), Vitamin B2: 0.11mg (6.68%), Vitamin B3: 1.34mg (6.68%), Folate: 25.34µg (6.34%), Phosphorus: 58.17mg (5.82%), Iron: 0.9mg (5.02%), Calcium: 36.44mg (3.64%), Copper: 0.04mg (2%), Fiber: 0.48g (1.91%), Vitamin E: 0.22mg (1.48%), Magnesium: 5.42mg (1.36%), Zinc: 0.2mg (1.32%), Vitamin K: 1.32µg (1.26%)