

Baby Guinness

 **Gluten Free**  **Dairy Free**  **Popular**  **Low Fod Map**

READY IN



1 min.

SERVINGS



1

CALORIES



251 kcal

BEVERAGE

DRINK

Ingredients

- 2 fluid ounces rum / brandy / coffee liqueur flavored
- 0.5 fluid ounce irish cream liqueur

Equipment

Directions

- Fill a shot glass almost to the top with coffee liqueur. Top off with Irish cream. It should float perfectly on top making the "head" of your shot.

Nutrition Facts

PROTEIN 1.37% FAT 12.91% CARBS 85.72%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0%

Nutrients (% of daily need)

Calories: 251.2kcal (12.56%), Fat: 2.1g (3.23%), Saturated Fat: 1.24g (7.76%), Carbohydrates: 31.37g (10.46%), Net Carbohydrates: 31.37g (11.41%), Sugar: 30.63g (34.04%), Cholesterol: 0.01mg (0%), Sodium: 4.74mg (0.21%), Alcohol: 14.83g (100%), Alcohol %: 25.42% (100%), Protein: 0.5g (1.01%)