

# **Baby Rattle Cupcakes**

airy Free







## Ingredients

	1 container fluffy frosting	white
	4.3 oz fluffy frosting greei	n yellov

24 small gumdrop
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24 servings m&m candies

8 ribbon ()

24 you will also need: parchment paper ()

1 box duncan hines classic decadent cake mix (any flavor)

## **Equipment**

oven

	wire rack			
	toothpicks			
	muffin liners			
	lollipop sticks			
Directions				
	Heat oven to 350F (325F for dark or nonstick pans).			
	Place paper baking cup in each of 24 regular-size muffin cups. Make and bake cake mix as directed on box for 24 cupcakes. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.			
	Frost cupcakes with vanilla frosting. Pipe designs on cupcakes with yellow and green icings. Decorate as desired with candy sprinkles.			
	With toothpick, poke hole in side of each cupcake. Tie ribbon bow in center of each lollipop stick.			
	Add gumdrop to one end of each stick. Insert other ends of sticks into sides of cupcakes, just below frosting, to form rattles. Store loosely covered.			
	Nutrition Facts			
	PROTEIN 4.35% FAT 23.64% CARBS 72.01%			

#### **Properties**

Glycemic Index:6.83, Glycemic Load:9.55, Inflammation Score:-1, Nutrition Score:4.3756521750727%

#### **Nutrients** (% of daily need)

Calories: 325.19kcal (16.26%), Fat: 8.53g (13.12%), Saturated Fat: 3.36g (21.01%), Carbohydrates: 58.43g (19.48%), Net Carbohydrates: 57.44g (20.89%), Sugar: 35.65g (39.61%), Cholesterol: 3.96mg (1.32%), Sodium: 314.23mg (13.66%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 3.53g (7.05%), Vitamin B2: O.19mg (11.31%), Selenium: 7.26µg (10.37%), Vitamin B1: O.15mg (9.86%), Phosphorus: 93.11mg (9.31%), Folate: 33.36µg (8.34%), Manganese: 0.17mg (8.29%), Vitamin B3: 1.61mg (8.03%), Calcium: 75.04mg (7.5%), Iron: 1.34mg (7.45%), Fiber: 0.99g (3.95%), Vitamin E: 0.56mg (3.72%), Vitamin K: 3.74µg (3.56%), Copper: 0.05mg (2.29%), Zinc: 0.25mg (1.67%), Magnesium: 6.44mg (1.61%), Potassium: 37.35mg (1.07%)