



Baby Rattle Cupcakes

 Dairy Free

READY IN



45 min.

SERVINGS



24

CALORIES



217 kcal

DESSERT

Ingredients

- ☐ 2 tablespoons plus light
- ☐ 16 oz frosting red and food colorings white blue
- ☐ 24 servings garnish: candy sprinkles
- ☐ 3 cups powdered sugar
- ☐ 0.5 teaspoon vanilla extract
- ☐ 3 tablespoons water
- ☐ 18 oz duncan hines classic decadent cake mix yellow
- ☐ 24 lollipops

- ☐ 24 servings optional: bows
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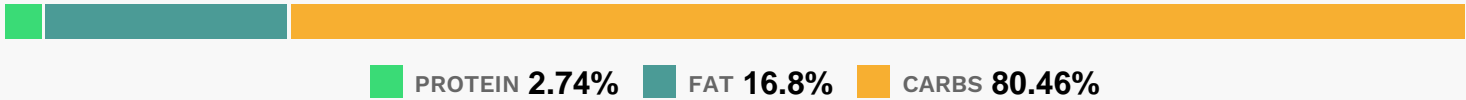
Equipment

- ☐ oven
- ☐ muffin liners

Directions

- ☐ Follow the package instructions to prepare cake mix and bake in paper-lined muffin cups; let cool. To prepare Vanilla Glaze: beat all glaze ingredients until smooth. Spoon the Vanilla Glaze over baked cupcakes; let stand until set, about 10 minutes. Divide frosting in half; use a few drops of food coloring to tint one half pink and the other half blue.
- ☐ Place each colored frosting in a plastic zipping bag; snip off a tip and pipe designs onto cupcakes. Attach candy sprinkles with a dot of frosting. Insert a lollipop in the side of each cupcake; tie on bows, if desired.

Nutrition Facts



Properties

Glycemic Index:0.79, Glycemic Load:0.27, Inflammation Score:-1, Nutrition Score:1.7991304248571%

Nutrients (% of daily need)

Calories: 217.32kcal (10.87%), Fat: 4.1g (6.31%), Saturated Fat: 2.51g (15.71%), Carbohydrates: 44.17g (14.72%), Net Carbohydrates: 43.51g (15.82%), Sugar: 34.67g (38.53%), Cholesterol: 2.25mg (0.75%), Sodium: 166.53mg (7.24%), Alcohol: 0.03g (100%), Alcohol %: 0.05% (100%), Protein: 1.5g (3.01%), Phosphorus: 65.92mg (6.59%), Calcium: 62.72mg (6.27%), Folate: 14.46µg (3.61%), Iron: 0.64mg (3.53%), Vitamin B1: 0.05mg (3.35%), Vitamin B2: 0.05mg (3.06%), Fiber: 0.66g (2.64%), Vitamin B3: 0.49mg (2.46%), Manganese: 0.04mg (2.07%), Vitamin E: 0.2mg (1.3%), Selenium: 0.74µg (1.06%)