



Bacon Appetizer Crescents

READY IN



45 min.

SERVINGS



96

CALORIES



34 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 slices oscar mayer bacon crumbled cooked
- ☐ 8 ounce philadelphia cream cheese softened
- ☐ 2 tablespoons parsley fresh chopped
- ☐ 1 tablespoon milk
- ☐ 0.3 cup onion finely chopped
- ☐ 0.3 cup parmesan cheese 100% grated kraft
- ☐ 16 ounce crescent dinner rolls refrigerated canned

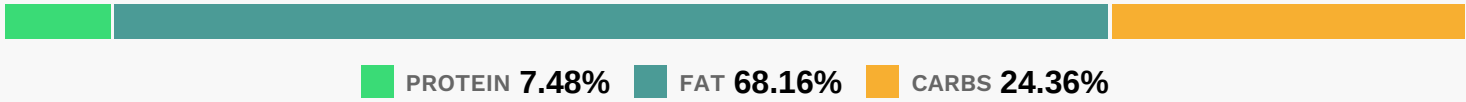
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Preheat oven to 375 degrees F.
- ☐ Mix cream cheese, bacon, Parmesan cheese, onions, parsley and milk until well blended; set aside.
- ☐ Separate each can of dough into four rectangles; firmly press perforations together to seal.
- ☐ Spread each rectangle with 2 rounded tablespoonfuls of the cream cheese mixture.
- ☐ Cut each rectangle into 12 wedges.
- ☐ Roll up wedges, starting at short ends.
- ☐ Place, seam-sides down, on greased baking sheet.
- ☐ Bake 12 to 15 min. or until golden brown.
- ☐ Serve warm.

Nutrition Facts



Properties

Glycemic Index:1.29, Glycemic Load:0.05, Inflammation Score:-1, Nutrition Score:0.3800000000907%

Flavonoids

Apigenin: 0.18mg, Apigenin: 0.18mg, Apigenin: 0.18mg, Apigenin: 0.18mg Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 34.2kcal (1.71%), Fat: 2.66g (4.09%), Saturated Fat: 1.2g (7.52%), Carbohydrates: 2.14g (0.71%), Net Carbohydrates: 2.13g (0.77%), Sugar: 0.59g (0.65%), Cholesterol: 3.92mg (1.31%), Sodium: 62.84mg (2.73%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.66g (1.31%), Vitamin K: 1.42µg (1.36%)