



Bacon-Chicken Alfredo Pizza

READY IN



22 min.

SERVINGS



6

CALORIES



459 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 0.5 cup classico creamy alfredo pasta sauce
- 8 slices oscar mayer bacon fully cooked cut into 1-inch pieces
- 6 oz oscar mayer carving board flame grilled chicken breast strips
- 0.5 tsp penzey's southwest seasoning dried italian
- 1 cup pizza low-moisture mozzarella & cheddar cheeses shredded kraft
- 0.3 cup parmesan cheese shredded kraft
- 1 ready-to-use baked pizza crust

Equipment

baking sheet

oven

Directions

Heat oven to 400F.

Place pizza crust on baking sheet; spread with sauce to within 1 inch of edge.

Top with remaining ingredients.

Bake 10 to 12 min. or until cheese is melted and pizza is heated through.

Nutrition Facts



PROTEIN 22.2% **FAT 47.65%** **CARBS 30.15%**

Properties

Glycemic Index:5.33, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:8.4578259794608%

Nutrients (% of daily need)

Calories: 459.15kcal (22.96%), Fat: 23.96g (36.87%), Saturated Fat: 10.27g (64.18%), Carbohydrates: 34.13g (11.38%), Net Carbohydrates: 33.07g (12.02%), Sugar: 1.71g (1.9%), Cholesterol: 72.09mg (24.03%), Sodium: 902.5mg (39.24%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 25.12g (50.25%), Selenium: 19.69µg (28.13%), Vitamin B3: 5.1mg (25.52%), Calcium: 247.96mg (24.8%), Phosphorus: 236.4mg (23.64%), Vitamin B6: 0.27mg (13.52%), Iron: 2.34mg (12.99%), Vitamin B12: 0.6µg (10.06%), Zinc: 1.43mg (9.53%), Vitamin B2: 0.14mg (8.15%), Vitamin B1: 0.11mg (7.14%), Magnesium: 19.06mg (4.77%), Vitamin B5: 0.47mg (4.74%), Potassium: 158.22mg (4.52%), Fiber: 1.06g (4.24%), Vitamin A: 165.84IU (3.32%), Vitamin E: 0.34mg (2.24%), Copper: 0.04mg (1.75%), Folate: 6.68µg (1.67%), Vitamin D: 0.24µg (1.61%), Vitamin K: 1.33µg (1.27%)