

Bacon Crackers

 Dairy Free

READY IN



75 min.

SERVINGS



30

CALORIES



195 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 pound bacon sliced cut into thirds
- 1 pound brown sugar
- 16 ounce round buttery crackers

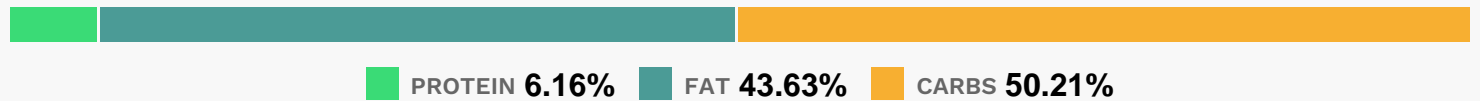
Equipment

- baking sheet
- oven

Directions

- Preheat oven to 250 degrees F (120 degrees C).
- Arrange the crackers in a single layer on a large baking sheet. Top each cracker with 1/3 slice bacon, and sprinkle desired amount of brown sugar over all.
- Bake 1 hour in the preheated oven, or until browned and crisp.
- Serve warm.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:3.0621738958618%

Nutrients (% of daily need)

Calories: 194.89kcal (9.74%), Fat: 9.51g (14.63%), Saturated Fat: 2.83g (17.71%), Carbohydrates: 24.63g (8.21%), Net Carbohydrates: 24.28g (8.83%), Sugar: 15.9g (17.66%), Cholesterol: 9.98mg (3.33%), Sodium: 237.68mg (10.33%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.02g (6.04%), Vitamin B1: 0.11mg (7.24%), Vitamin K: 7.56µg (7.2%), Vitamin B3: 1.36mg (6.81%), Phosphorus: 63.65mg (6.37%), Selenium: 3.92µg (5.59%), Iron: 0.85mg (4.7%), Manganese: 0.09mg (4.65%), Vitamin E: 0.59mg (3.95%), Calcium: 36.59mg (3.66%), Vitamin B2: 0.05mg (3.08%), Vitamin B6: 0.06mg (2.77%), Folate: 11.04µg (2.76%), Potassium: 68.04mg (1.94%), Zinc: 0.28mg (1.83%), Copper: 0.03mg (1.61%), Vitamin B5: 0.16mg (1.6%), Magnesium: 6.05mg (1.51%), Fiber: 0.35g (1.39%), Vitamin B12: 0.08µg (1.26%)