

# Baileys Minty Mistletoe



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



204 kcal

BEVERAGE

DRINK

## Ingredients

- 2 ounces original irish cream baileys®
- 0.3 ounce peppermint schnapps rumple minze®

## Equipment

## Directions

- Add Baileys Original Irish Cream and Rumble Minze Peppermint Schnapps.
- Shake with ice and strain into martini glass.

# Nutrition Facts



■ PROTEIN 4.98% ■ FAT 48.59% ■ CARBS 46.43%

## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0%

## Nutrients (% of daily need)

Calories: 203.62kcal (10.18%), Fat: 7.37g (11.34%), Saturated Fat: 4.54g (28.35%), Carbohydrates: 15.85g (5.28%),  
Net Carbohydrates: 15.85g (5.76%), Sugar: 12.98g (14.43%), Cholesterol: 0.02mg (0.01%), Sodium: 0.05mg (0%),  
Alcohol: 7.65g (100%), Alcohol %: 15.21% (100%), Protein: 1.7g (3.4%)