

SIDE DISH

Baked Corn I

28 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	12	\$0.60	319 kcal



Are you searching for a delightful side dish that will elevate your meal to the next level? Look no further than our Baked Corn recipe! This comforting dish combines the sweetness of corn with the richness of sour cream and butter, creating a creamy, flavorful treat that pairs perfectly with a varie...

Ingredients

- ☐ 1 cup melted butter
- ☐ 8½ ounce package dry corn muffin mix
- ☐ 8 ounce sour cream
- ☐ 14¾ ounce cream-style corn
canned
- ☐ 2 eggs, beaten
- ☐ 15¼ ounce whole kernel corn, drained
canned

EQUIPMENT Oven, Baking pan

Method

- 1 Preheat oven to 350 degrees F (175 degrees C).
- 2 Combine the whole-kernel corn, cream-style corn, sour cream, melted butter or margarine, eggs and corn muffin mix.
- 3 Mix well and pour into one 9x13 inch baking pan.
- 4 Bake for 35 to 45 minutes.

Nutrition per serving

319	4 g	23 g	26 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			12.6 g · 79% of daily needs
Fibre			1.7 g · 7% of daily needs
Sugar			5.9 g · 7% of daily needs
Sodium			452 mg · 20% of daily needs
Cholesterol			79.5 mg · 27% of daily needs
Vitamin C			2.2 mg · 3% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/baked-corn-i-146210