



Baked Ziti

READY IN



50 min.

SERVINGS



50

CALORIES



67 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup parmesan cheese grated kraft
- 24 oz classico family favorites pasta sauce traditional
- 15 oz polly-o original ricotta cheese
- 8 oz mozzarella cheese shredded divided kraft
- 16 oz ziti pasta uncooked

Equipment

- bowl
- oven

baking pan

Directions

Heat oven to 350F.

Cook pasta as directed on package, omitting salt.

Drain pasta, reserving 1/2 cup pasta cooking water.

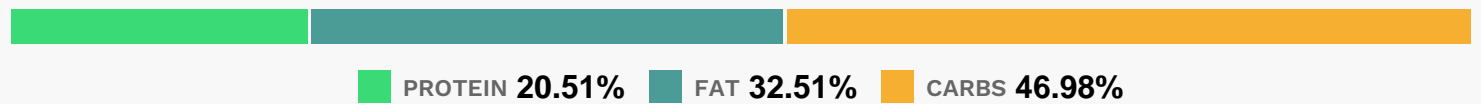
Mix pasta sauce, ricotta and reserved pasta cooking water in large bowl.

Add pasta and 1/2 cup mozzarella; mix lightly. Spoon into 13x9-inch baking dish sprayed with cooking spray; sprinkle with remaining mozzarella and Parmesan. Cover.

Bake 30 min.; uncover.

Bake 10 min. or until heated through.

Nutrition Facts



Properties

Glycemic Index:2.82, Glycemic Load:3.05, Inflammation Score:-1, Nutrition Score:2.4734782550646%

Nutrients (% of daily need)

Calories: 67.43kcal (3.37%), Fat: 2.44g (3.75%), Saturated Fat: 1.41g (8.81%), Carbohydrates: 7.92g (2.64%), Net Carbohydrates: 7.42g (2.7%), Sugar: 0.8g (0.89%), Cholesterol: 8.36mg (2.79%), Sodium: 109.38mg (4.76%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.46g (6.92%), Selenium: 7.99µg (11.42%), Phosphorus: 53.48mg (5.35%), Manganese: 0.1mg (5%), Calcium: 48.74mg (4.87%), Zinc: 0.41mg (2.74%), Vitamin B2: 0.05mg (2.67%), Vitamin A: 131.76IU (2.64%), Vitamin B12: 0.14µg (2.32%), Magnesium: 8.87mg (2.22%), Copper: 0.04mg (2.22%), Potassium: 73.94mg (2.11%), Fiber: 0.49g (1.98%), Iron: 0.3mg (1.68%), Vitamin B6: 0.03mg (1.6%), Vitamin B3: 0.3mg (1.52%), Vitamin E: 0.23mg (1.51%), Vitamin C: 0.95mg (1.15%), Vitamin B5: 0.11mg (1.07%), Folate: 4.23µg (1.06%)