



BAKER'S GERMAN'S Sweet Chocolate Chunk Cookies

 Dairy Free

READY IN



25 min.

SERVINGS



25

CALORIES



172 kcal

DESSERT

Ingredients

- 0.5 cup brown sugar packed
- 0.5 cup butter softened
- 0.5 tsp calumet baking powder
- 1 eggs
- 1 cup baker's angel flake coconut toasted
- 1 cup flour
- 8 oz baker's german's chocolate sweet divided

- 1 cup planters pecans toasted chopped
- 0.3 tsp salt
- 1 tsp vanilla

Equipment

- bowl
- baking sheet
- oven
- blender

Directions

- Heat oven to 375F.
- Chop half the chocolate; set aside. Melt remaining chocolate as directed on package.
- Combine flour, baking powder and salt. Beat butter and sugar in large bowl with mixer until light and fluffy.
- Add egg and vanilla; mix well. Blend in melted chocolate. Gradually add flour mixture, mixing well after each addition. Stir in coconut, nuts and chopped chocolate.
- Drop heaping tablespoonfuls of dough, 2 inches apart, onto baking sheets.
- Bake 10 min. or until cookies are puffed and feel set to the touch. Cool on baking sheets 1 min.
- Remove to wire racks; cool completely.

Nutrition Facts



Properties

Glycemic Index:7.08, Glycemic Load:2.8, Inflammation Score:-2, Nutrition Score:2.8660870058381%

Flavonoids

Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin:

0.22mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg

Nutrients (% of daily need)

Calories: 171.86kcal (8.59%), Fat: 11.81g (18.17%), Saturated Fat: 4.62g (28.87%), Carbohydrates: 15.38g (5.13%), Net Carbohydrates: 14.31g (5.2%), Sugar: 9.22g (10.25%), Cholesterol: 6.55mg (2.18%), Sodium: 81.77mg (3.56%), Alcohol: 0.06g (100%), Alcohol %: 0.23% (100%), Protein: 1.38g (2.76%), Manganese: 0.31mg (15.47%), Iron: 1.22mg (6.78%), Vitamin B1: 0.07mg (4.57%), Selenium: 3.07µg (4.38%), Fiber: 1.07g (4.28%), Copper: 0.09mg (4.26%), Vitamin A: 174.12IU (3.48%), Phosphorus: 30.28mg (3.03%), Folate: 11.24µg (2.81%), Vitamin B2: 0.04mg (2.54%), Magnesium: 9.74mg (2.44%), Zinc: 0.31mg (2.05%), Vitamin B3: 0.37mg (1.85%), Calcium: 16.31mg (1.63%), Vitamin E: 0.23mg (1.55%), Potassium: 50.51mg (1.44%), Vitamin B6: 0.03mg (1.3%), Vitamin B5: 0.12mg (1.2%)