



## Balsamic-Laced Bacon "Bruschetta"

 Gluten Free

READY IN



40 min.

SERVINGS



40

CALORIES



11 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 4 slices oscar mayer butcher applewood bacon smoked thick cut
- 1 tsp heinz balsamic vinegar
- 6 cherry tomatoes sliced
- 16 small basil leaves fresh
- 16 pieces parmesan cheese shaved kraft

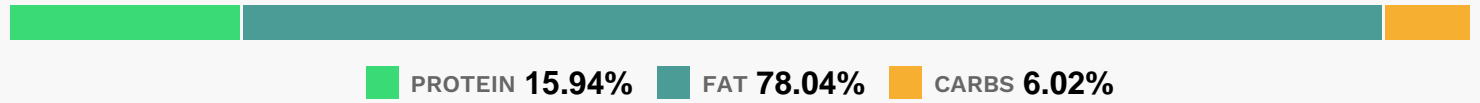
### Equipment

- oven
- broiler pan

## Directions

- Heat oven to 400F.
- Place bacon in single layer on rack of broiler pan.
- Bake 15 min. or until crisp. Cool completely.
- Brush bacon lightly with vinegar; cut each slice into 4 pieces.
- Top with remaining ingredients.

## Nutrition Facts



## Properties

Glycemic Index:3.67, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.34304347634315%

## Flavonoids

Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 11.35kcal (0.57%), Fat: 0.98g (1.51%), Saturated Fat: 0.36g (2.24%), Carbohydrates: 0.17g (0.06%), Net Carbohydrates: 0.15g (0.05%), Sugar: 0.09g (0.1%), Cholesterol: 1.72mg (0.57%), Sodium: 21.29mg (0.93%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.45g (0.9%)