

Banana-Chocolate Chip Cake with Peanut Butter Frosting

Popular

READY IN

45 min.



DESSERT

Ingredients

2 teaspoons baking soda
2 cups bananas very ripe mashed
10 ounce chocolate chips mini
16 servings chocolate chips mini
2 cups creamy peanut butter
3 large eggs

3 cups flour all-purpose

	2 teaspoons kosher salt	
	0.5 cup brown sugar light packed ()	
	1.5 cups powdered sugar	
	1 cup cup heavy whipping cream sour	
	1.5 cups sugar	
	1 cup butter unsalted room temperature (2 sticks)	
	2.5 teaspoons vanilla extract	
Equipment		
	bowl	
	oven	
	whisk	
	hand mixer	
Di	rections	
	Preheat oven to 350°F. Coat cake panswith nonstick spray. Line bottom of panswith parchment; coat paper.	
	Whisk flour, baking soda, and salt in a medium bowl. Using an electric mixer, beat sugar, butter, and brown sugar in a large bowl until lightand fluffy, about 3 minutes.	
	Add eggs one ata time, beating to blend between additions and occasionally scraping down sides and bottom of bowl. Beat in vanilla.	
	Add dry ingredients; beat on low speedjust to blend.	
	Add bananas and sour cream; beat just to blend. Fold in mini chips. Dividebatter evenly among pans; smooth tops.	
	Bake cakes until a tester inserted into thecenter comes out clean, about 35 minutes.	
	Transfer to wire racks; let cool in pans for 10 minutes. Invert cakes onto racks; peel offparchment and let cool completely.	
	Using an electric mixer, beat first4 ingredients in a medium bowl until a lightand fluffy frosting forms, 2–3 minutes.	
	Place 1 cake on a platter.	

	Spread 11/4 cupsfrosting over.	
	Place remaining cake on top.Cover top and sides of cake with remainingfrosting.	
	Garnish with chocolate chips andkisses. DO AHEAD: Cake can be made 2 daysahead. Cover and chill.	
	Let stand at roomtemperature for 1 hour before serving.	
Nutrition Facts		
	PROTEIN 7 15% FAT 47 07% CARRS 45 78%	

Properties

Glycemic Index:13.37, Glycemic Load:28.89, Inflammation Score:-6, Nutrition Score:12.630434839622%

Flavonoids

Catechin: 1.14mg, Catechin: 1.14mg, Catechin: 1.14mg, Catechin: 1.14mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 675.97kcal (33.8%), Fat: 36.39g (55.99%), Saturated Fat: 15.06g (94.1%), Carbohydrates: 79.62g (26.54%), Net Carbohydrates: 76.45g (27.8%), Sugar: 54.44g (60.49%), Cholesterol: 76.67mg (25.56%), Sodium: 600.95mg (26.13%), Alcohol: 0.22g (100%), Alcohol %: 0.16% (100%), Protein: 12.44g (24.88%), Manganese: 0.7mg (34.79%), Vitamin B3: 5.83mg (29.17%), Vitamin E: 3.45mg (23.02%), Folate: 80.14µg (20.03%), Selenium: 13.27µg (18.96%), Phosphorus: 171.97mg (17.2%), Magnesium: 68.27mg (17.07%), Vitamin B1: 0.24mg (16.11%), Vitamin B2: 0.27mg (15.83%), Fiber: 3.17g (12.69%), Vitamin B6: 0.25mg (12.38%), Iron: 2.17mg (12.05%), Vitamin A: 548.66IU (10.97%), Copper: 0.2mg (10.07%), Potassium: 319.13mg (9.12%), Zinc: 1.2mg (7.99%), Vitamin B5: 0.72mg (7.24%), Calcium: 71.4mg (7.14%), Vitamin D: 0.4µg (2.67%), Vitamin B12: 0.14µg (2.3%), Vitamin C: 1.87mg (2.27%), Vitamin K: 1.5µg (1.43%)