



Basic Vanilla Cake Batter

READY IN



20 min.

SERVINGS



20

CALORIES



245 kcal

DESSERT

Ingredients

- ☐ 0.3 teaspoon almond extract
- ☐ 1.5 teaspoons double-acting baking powder
- ☐ 1 cup butter softened
- ☐ 1 cup buttermilk
- ☐ 3 cups cake flour
- ☐ 3 large eggs
- ☐ 0.3 teaspoon salt
- ☐ 2 cups sugar
- ☐ 1 teaspoon vanilla extract

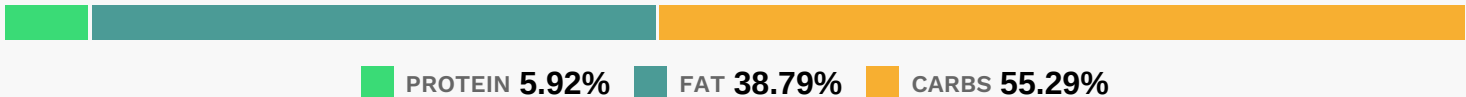
Equipment

- ☐ bowl
- ☐ whisk
- ☐ stand mixer

Directions

- ☐ Beat sugar and butter at medium speed with a heavy-duty electric stand mixer until creamy and fluffy (about 5 minutes).
- ☐ Add eggs, 1 at a time, beating until yellow disappears after each addition. Beat in vanilla and almond extracts.
- ☐ Whisk together flour, baking powder, and salt in a small bowl; add to sugar mixture alternately with buttermilk, beginning and ending with flour mixture. Beat at medium-low speed just until blended after each addition. (Batter will be thick.) Use immediately.
- ☐ Ultimate Vanilla Cake Batter: Substitute 2 tsp. vanilla bean paste for vanilla extract. Proceed with recipe as directed.
- ☐ Chocolate Cake Batter: Reduce cake flour to 2 cups. Proceed with recipe as directed in Step
- ☐ Whisk 3/4 cup unsweetened cocoa into flour mixture in Step 2; proceed with recipe as directed. Beat 1/3 cup hot water into batter just until smooth.

Nutrition Facts



Properties

Glycemic Index:15.5, Glycemic Load:23.03, Inflammation Score:-2, Nutrition Score:3.1126086971034%

Nutrients (% of daily need)

Calories: 245.11kcal (12.26%), Fat: 10.69g (16.45%), Saturated Fat: 6.34g (39.64%), Carbohydrates: 34.28g (11.43%), Net Carbohydrates: 33.83g (12.3%), Sugar: 20.67g (22.97%), Cholesterol: 53.62mg (17.87%), Sodium: 157.7mg (6.86%), Alcohol: 0.09g (100%), Alcohol %: 0.16% (100%), Protein: 3.67g (7.35%), Selenium: 10.42µg (14.89%), Manganese: 0.15mg (7.63%), Vitamin A: 344.31IU (6.89%), Phosphorus: 52.55mg (5.25%), Vitamin B2: 0.07mg (4.36%), Calcium: 41.41mg (4.14%), Vitamin E: 0.43mg (2.84%), Folate: 10.65µg (2.66%), Vitamin B5: 0.26mg (2.55%), Vitamin B12: 0.14µg (2.35%), Copper: 0.04mg (2.21%), Zinc: 0.31mg (2.1%), Vitamin D: 0.31µg (2.04%), Iron:

0.35mg (1.94%), Fiber: 0.45g (1.8%), Magnesium: 7.13mg (1.78%), Vitamin B1: 0.02mg (1.62%), Potassium: 48.86mg (1.4%), Vitamin B6: 0.02mg (1.22%), Vitamin B3: 0.21mg (1.05%)