

Basil Daiquiri



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



163 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 6 basil
- ☐ 1 serving ice cubes
- ☐ 1 serving lime
- ☐ 0.8 ounce juice of lime freshly squeezed
- ☐ 0.3 ounce maraschino liqueur
- ☐ 1.5 ounces rum
- ☐ 0.5 ounce simple syrup glaze

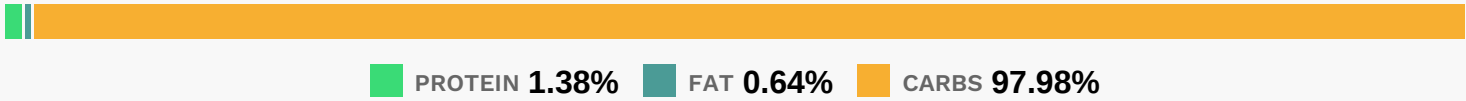
Equipment

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Directions

- Lightly muddle basil leaves in a cocktail shaker. Fill with ice.
- Add rum, lime juice, simple syrup, and Maraschino. Shake well.
- Fill a rocks glass with fresh ice. Strain cocktail into serving glass using a Hawthorne strainer.
- Garnish with lime wheel and serve.

Nutrition Facts



Properties

Glycemic Index:117, Glycemic Load:0.19, Inflammation Score:-3, Nutrition Score:1.9191304289776%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 4.92mg, Hesperetin: 4.92mg, Hesperetin: 4.92mg, Hesperetin: 4.92mg Naringenin: 0.32mg, Naringenin: 0.32mg, Naringenin: 0.32mg, Naringenin: 0.32mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 162.83kcal (8.14%), Fat: 0.04g (0.07%), Saturated Fat: 0g (0.03%), Carbohydrates: 15.23g (5.08%), Net Carbohydrates: 14.91g (5.42%), Sugar: 13.11g (14.57%), Cholesterol: 0mg (0%), Sodium: 12.11mg (0.53%), Alcohol: 17.07g (100%), Alcohol %: 14.38% (100%), Protein: 0.21g (0.43%), Vitamin C: 8.85mg (10.72%), Vitamin K: 10.13µg (9.65%), Iron: 0.66mg (3.69%), Vitamin A: 140.73IU (2.81%), Copper: 0.04mg (2.01%), Manganese: 0.04mg (1.98%), Vitamin B1: 0.03mg (1.95%), Magnesium: 5.63mg (1.41%), Potassium: 48.88mg (1.4%), Calcium: 13.06mg (1.31%), Fiber: 0.32g (1.28%), Folate: 4.32µg (1.08%)