

Basil Gimlet



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



25 min.

SERVINGS



25

CALORIES



40 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 large bunch basil coarsely chopped
- ☐ 6 tablespoons hendrick's gin
- ☐ 25 servings ice cubes
- ☐ 4 tablespoons juice of lime
- ☐ 1 cup sugar

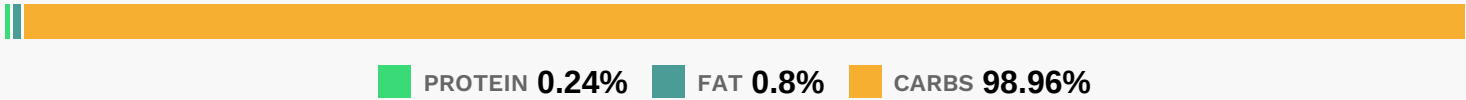
Equipment

- ☐ microwave
- ☐ measuring cup

Directions

- ☐ Make basil syrup: In a large microwave–safe measuring cup, combine sugar, 3/4 cup water, and basil.
- ☐ Microwave on high until sugar dissolves, 3 to 4 minutes.
- ☐ Let basil steep in syrup 20 to 30 minutes, then strain (you'll have enough syrup for 4 drinks).
- ☐ Fill 2 highball glasses with ice. Into each glass, pour 3 tbsp. gin, 4 tbsp. basil syrup, and 2 tbsp. lime juice. Stir and serve, garnished with basil sprigs.
- ☐ Add lemon juice and chilled water to the leftover syrup and serve over ice for basil lemonade.

Nutrition Facts



Properties

Glycemic Index:6.2, Glycemic Load:5.59, Inflammation Score:-1, Nutrition Score:0.21434782583105%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 39.79kcal (1.99%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0%), Carbohydrates: 8.18g (2.73%), Net Carbohydrates: 8.16g (2.97%), Sugar: 8.03g (8.92%), Cholesterol: 0mg (0%), Sodium: 2.98mg (0.13%), Alcohol: 1.2g (100%), Alcohol %: 2.17% (100%), Protein: 0.02g (0.04%), Vitamin K: 1.34µg (1.28%)