



Basil-Orange Vinaigrette



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



5

CALORIES



124 kcal

SIDE DISH

Ingredients

- ☐ 0.5 teaspoon pepper black freshly ground
- ☐ 0.5 cup canola oil
- ☐ 6 basil leaves fresh
- ☐ 1 tablespoon ginger fresh grated
- ☐ 1 garlic clove sliced
- ☐ 0.5 teaspoon kosher salt
- ☐ 0.5 cup orange marmalade sweet (such as Smucker's)
- ☐ 0.3 cup red wine vinegar

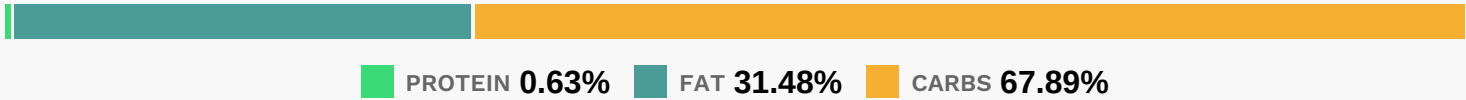
Equipment

- ☐ food processor
- ☐ blender

Directions

- ☐ Pulse orange marmalade, vinegar, basil, ginger, garlic, kosher salt, and pepper in a blender or food processor until blended. With blender running, pour canola oil through food chute in a slow, steady stream, processing until smooth.

Nutrition Facts



Properties

Glycemic Index:29.4, Glycemic Load:0.12, Inflammation Score:-1, Nutrition Score:1.2313043604726%

Flavonoids

Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 123.98kcal (6.2%), Fat: 4.5g (6.93%), Saturated Fat: 0.34g (2.1%), Carbohydrates: 21.85g (7.28%), Net Carbohydrates: 21.52g (7.83%), Sugar: 19.23g (21.37%), Cholesterol: 0mg (0%), Sodium: 252.09mg (10.96%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.2g (0.4%), Vitamin E: 0.81mg (5.42%), Vitamin K: 5.53µg (5.26%), Manganese: 0.06mg (2.93%), Vitamin C: 1.96mg (2.37%), Copper: 0.04mg (2%), Calcium: 16.31mg (1.63%), Fiber: 0.32g (1.29%)