



Basil-Satsuma Julep

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



8 kcal

SIDE DISH

Ingredients

- 0.3 cup basil leaves
- 2 cups club soda
- 2 cups ice cubes
- 1 tablespoon sugar
- 1 cup satsuma-cello
- 1 cup satsuma-cello

Equipment

Directions

- Muddle basil leaves with sugar.
- Add Satsuma-Cello.
- Let stand 5 minutes. Strain into a pitcher. Stir in ice and club soda.

Nutrition Facts



PROTEIN 1.52% **FAT 1.39%** **CARBS 97.09%**

Properties

Glycemic Index:23.35, Glycemic Load:1.4, Inflammation Score:-1, Nutrition Score:0.42869565490147%

Nutrients (% of daily need)

Calories: 7.93kcal (0.4%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0%), Carbohydrates: 2.02g (0.67%), Net Carbohydrates: 2g (0.73%), Sugar: 2g (2.22%), Cholesterol: 0mg (0%), Sodium: 20.56mg (0.89%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.03g (0.06%), Vitamin K: 4.15µg (3.95%), Copper: 0.02mg (1.07%), Vitamin A: 52.75IU (1.05%)