



Basil Vodka Gimlets



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



1500 min.

SERVINGS



6

CALORIES



77 kcal

BEVERAGE

DRINK

Ingredients

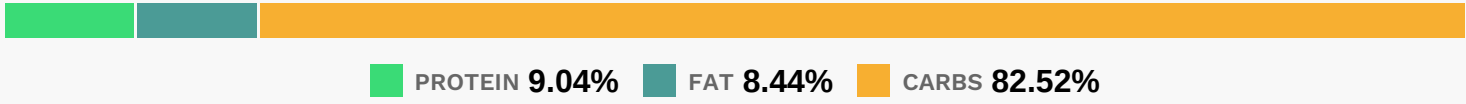
- ☐ 1 cup ice cubes
- ☐ 1 cup herbs like: thym
- ☐ 0.8 cup juice of lemon fresh
- ☐ 1 sprigs basil fresh (preferably lemon basil)
- ☐ 0.8 cup vodka

Equipment

Directions

Stir together all ingredients in a pitcher until cold, then strain into 8- to 10-ounce glasses (such as Old Fashioned) half filled with ice.

Nutrition Facts



Properties

Glycemic Index:25.83, Glycemic Load:0.03, Inflammation Score:-3, Nutrition Score:2.3195651884636%

Flavonoids

Eriodictyol: 1.49mg, Eriodictyol: 1.49mg, Eriodictyol: 1.49mg, Eriodictyol: 1.49mg Hesperetin: 4.41mg, Hesperetin: 4.41mg, Hesperetin: 4.41mg, Hesperetin: 4.41mg Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 77.01kcal (3.85%), Fat: 0.1g (0.16%), Saturated Fat: 0.01g (0.09%), Carbohydrates: 2.22g (0.74%), Net Carbohydrates: 2.06g (0.75%), Sugar: 0.78g (0.87%), Cholesterol: 0mg (0%), Sodium: 2.75mg (0.12%), Alcohol: 10.02g (100%), Alcohol %: 12.18% (100%), Protein: 0.24g (0.49%), Vitamin K: 17.98µg (17.13%), Vitamin C: 12.58mg (15.25%), Vitamin A: 230.41IU (4.61%), Manganese: 0.05mg (2.67%), Folate: 9.05µg (2.26%), Copper: 0.03mg (1.54%), Potassium: 44.5mg (1.27%), Magnesium: 5mg (1.25%), Calcium: 10.68mg (1.07%), Vitamin B6: 0.02mg (1.04%)